



American Lacrosse Conference

Ninth Season - 2010

americanlacrosseconference.org

Florida - Johns Hopkins - Northwestern - Penn State - Ohio State - South Carolina - Vanderbilt
Week 2 **1 Mar 2010**

Four student-athletes rank in top-10 nationally in statistics
ALC leads with four teams ranked nationally in polls

	ALC Games									All Games							
	W	L	Pct.	GF	GA	Hm	Rd	Ne	W	L	Pct	GF	GA	Hm	Rd	Neu	Streak
Northwestern	0	0	---	0	0	0-0	0-0	0-0	3	0	1.000	53	20	0-0	2-0	1-0	Won 32
Penn State	0	0	---	0	0	0-0	0-0	0-0	3	1	.750	50	34	2-1	1-0	0-0	Won 1
Florida	0	0	---	0	0	0-0	0-0	0-0	2	1	.667	36	29	1-0	1-1	0-0	Lost 1
Ohio State	0	0	---	0	0	0-0	0-0	0-0	2	2	.500	59	38	1-0	1-2	0-0	Lost 1
Johns Hopkins	0	0	---	0	0	0-0	0-0	0-0	1	2	.333	32	32	0-1	1-1	0-0	Lost 2
Vanderbilt	0	0	---	0	0	0-0	0-0	0-0	1	2	.333	33	41	0-1	1-1	0-0	Won 1

ALC Head Coaches

FLORIDAMandee O'Leary
 JOHNS HOPKINSJanine Tucker
 NORTHWESTERN .Kelly Amonte-Hiller
 OHIO STATESue Stimmel
 PENN STATESuzanne Isidor
 VANDERBILTCathy Swezey

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ALC vs Non-Conference

12-8, 60.0%
CONFERENCE2010

America East1-0
 ACC0-4
 Atlantic 102-0
 BIG EAST1-1
 Colonial Athletic1-1
 Ivy0-1
 MAAC0-0
 Mountain Pacific3-1
 National Lacrosse1-0
 Northeast0-0
 Patriot League3-0
 Independents0-0
 vs Non-ALC IWLCRA Ranked Opp. .1-4
 Home4-3
 Road7-5
 Neutral1-0

Last Week in the ALC

F23 Florida at La Salle UF 15-5
 F24 Johns Hopkins at Georgetown GU 15-9
 F26 Penn State vs. Vermont cxd
 F26 Ohio State at California OSU 19-5
 F26 Northwestern at Stanford NU 18-11
 F27 Vanderbilt at UMBC VAN 17-10
 F27 Johns Hopkins vs. Princeton PU 10-9 ot
 F28 Penn State vs. Colgate PSU 17-7
 F28 Ohio State at Stanford St 11-10 ot
 F28 Northwestern at California NU 17-3
 F28 Florida at North Carolina UNC 18-5

This Week in the ALC

M3 Johns Hopkins vs. Stony Brook 1:00
 M4 Florida vs. St. Bonaventure 6:30
 M5 Ohio State at Duquesne 4:00
 M6 Northwestern vs. Georgetown 1:00
 M6 Johns Hopkins vs. Harvard 1:00
 M7 Penn State vs. Virginia 1:00
 M7 Vanderbilt at Stanford 1:00

ALC Players of the Week

Defensive: Ally Carey, Vanderbilt

Carey helped the Commodores to a win on the road as the Commodores limited UMBC to ten goals. Carey had three ground balls and four caused turnovers in the effort while also contributing one goal and four assists offensively.

Offensive: Katrina Dowd, Northwestern

Dowd had a pair of five-goal, one-assist games as the Wildcats defeated both No. 15 Stanford and California. She added two draw controls, five gb, and four ct.

Co-Rookie: Molly Fernandez, Penn State

Fernandez was all over the field for Penn State in its 17-7 defeat of Colgate. She finished tied for second on the team with three points, scoring two goals (on 100 percent shooting) and tallying one assist. Fernandez also totaled a team-high four draw controls and two caused turnovers.

Co-Rookie: Brittany Dashiell, Florida

Dashiell was key for the Gators this weekend, exploding for six goals, scoring four against LaSalle and adding two more in the UNC game in which she brought UF to within two at the end of the first half. She added seven draw controls and two ground balls on the weekend, including four draws against UNC.

FLORIDA 2-1, 0-0 ALC

F20	Jacksonville	W, 16-6
F23	at La Salle	W, 15-5
F28	at North Carolina (4)	L, 5-18
M4	St. Bonaventure	6:30
M9	Georgetown	6:30
M13	at Johns Hopkins	1:00
M17	Marist	6:30
M20	New Hampshire	1:00
M24	Cornell	6:30
M27	at Ohio State	1:00
M30	Oregon	6:30
A3	Penn State	12:00
A9	at Le Moyne	4:00
A11	at Colgate	12:00
A18	Vanderbilt	1:00
Y2	at Northwestern	1:00

JOHNS HOPKINS 1-2, 0-0 ALC

F20	at George Mason	W, 14-7
F24	at Georgetown (7)	L, 9-15
F27	Princeton (9)	L, 9-10 ot
M3	Stony Brook	1:00
M6	Harvard	1:00
M10	Towson	4:00
M13	Florida	1:00
M17	at George Washington	4:00
M24	at Penn	7:00
M27	Oregon	1:00
M31	Drexel	4:00
A3	at Vanderbilt	1:00
A13	at Mount Saint Mary's	5:00
A16	at Northwestern	7:00
A25	at Penn State	1:00
Y2	Ohio State	12:00

NORTHWESTERN 3-0, 0-0 ALC

F6	vs. Massachusetts (in SD)	W, 18-6
F26	at Stanford (15)	W, 18-11
F28	at California	W, 17-3
M6	Georgetown (5)	1:00
M12	Duquesne	3:00
M21	at Syracuse	1:00
M24	at Ohio State	7:00
M30	Notre Dame	6:00
A3	at Duke	12:00
A9	at Penn	7:00
A11	at Penn State	12:00
A16	Johns Hopkins	7:00
A18	North Carolina	12:00
A24	Vanderbilt	7:00
A30	Virginia	7:00
Y2	Florida	1:00

PENN STATE 3-1, 0-0 ALC

F14	Loyola	W, 9-8
F16	at Bucknell	W, 15-2
F21	Maryland (2)	L, 9-17
F26	Vermont	cx
F28	Colgate	W, 17-7
M7	Virginia (9)	1:00
M13	at Delaware	12:00
M21	at Vanderbilt	1:00
M24	at Lafayette	4:00
M28	William & Mary	1:00
A3	at Florida	12:00
A7	at Lehigh	7:30
A11	Northwestern	12:00
A18	at Ohio State	1:00
A24	Johns Hopkins	1:00
Y1	Temple	3:00

OHIO STATE 2-2, 0-0 ALC

F14	at William & Mary	L, 14-15
F20	American	W, 16-7
F26	at California	W, 19-5
F28	at Stanford (15)	L, 10-11 ot
M5	at Duquesne	4:00
M13	Louisville	1:00
M20	George Washington	1:00
M24	Northwestern	5:00
M27	Florida	1:00
A5	at Canisius	12:00
A10	at Vanderbilt	1:00
A14	at Cincinnati	5:00
A18	Penn State	1:00
A22	Notre Dame	5:00
A25	Detroit	1:00
Y2	at Johns Hopkins	12:00

VANDERBILT 1-2, 0-0 ALC

F14	Duke (5)	L, 10-19
F19	at North Carolina (4)	L, 6-12
F27	at UMBC	W, 17-10
M7	at Stanford (15)	1:00
M10	Longwood	4:00
M13	Boston University	1:00
M17	Louisville	5:00
M21	Penn State	1:00
M24	at Notre Dame	2:30
M28	at Delaware	1:00
A3	Johns Hopkins	1:00
A10	Ohio State	1:00
A14	at Binghamton	1:00
A18	at Florida	1:00
A24	at Northwestern	7:00

ALC PLAYERS OF THE WEEK**Offensive**

Feb 22	Theresa Bucci, Penn State
Mar 1	Katrina Dowd, Northwestern

Defensive

Annie Carruthers, Ohio State
Ally Carey, Vanderbilt

Rookie

Molly Fernandez, Penn State
Molly Fernandez, Penn State (co-)
Brittany Dashiell, Florida (co-)

Mar 8
Mar 15
Mar 22
Mar 29
Apr 5
Apr 12
Apr 19
Apr 26
May 3

TEAM STATISTICS

TEAM DEFENSE					TEAM OFFENSE				
GP	Min	GA	GAPG		GP	Min	GL	GPG	
Northwestern	3	180	20	6.67 (10)	Northwestern	3	180	53	17.67 (6)
Penn State	4	240	34	8.50 (22)	Ohio State	4	246	59	14.39 (15)
Ohio State	4	246	38	9.27 (29)	Penn State	4	240	50	12.50
Florida	3	180	29	9.67 (30)	Florida	3	180	36	12.00
Johns Hopkins	3	180	32	10.67 (37)	Vanderbilt	3	180	33	11.00
Vanderbilt	3	180	41	13.67	Johns Hopkins	3	180	32	10.67

GROUND BALLS			CAUSED TOS			CT CTPG			DRAW CONTROLS		
GB	GBPG					CT	CTPG		SDC	DCPG	
Northwestern	71	23.67 (13)	Northwestern			34	11.33 (16)	Northwestern	48	16.00 (6)	
Ohio State	79	19.75 (35)	Vanderbilt			32	10.67 (22)	Florida	41	13.67 (26)	
Penn State	79	19.75 (35)	Johns Hopkins			29	9.67 (30)	Vanderbilt	40	13.33 (30)	
Vanderbilt	55	18.33	Penn State			36	9.00 (37)	Ohio State	50	12.50 (38)	
Florida	50	16.67	Ohio State			34	8.50	Johns Hopkins	34	11.33	
Johns Hopkins	50	16.67	Florida			19	6.33	Penn State	45	11.25	

INDIVIDUAL STATISTICS

GOALS AGAINST					SAVE PERCENTAGE				
AVG.	MIN	GA	GAA		SV	G	SV%		
Brianne LoManto, NU	141:18	16	6.79 (12)		Annie Carruthers, OSU	49	35	.583 (7)	
Annie Carruthers, OSU	233:15	35	9.00 (29)		Brianne LoManto, NU	18	16	.529 (17)	
Cara Canington, UF	168:12	27	9.63 (31)		Natalie Wills, VAN	38	41	.481 (30)	
Steph Ellis, PSU	180:00	25	9.67 (32)		Cosette Larash, JHU	28	32	.467 (36)	
Cosette Larash, JHU	180:00	32	10.67 (40)		Steph Ellis, PSU	24	29	.453	
Natalie Wills, VAN	180:00	41	13.67		Cara Canington, UF	15	27	.357	

goalkeepers must play 60% of the team minutes to rank nationally

SCORING					DRAW CONTROLS				
GP	GL	AS	PT	PPG	GP	DC	DCPG		
Shannon Smith, NU	3	14	5	19	6.33 (6)	Danielle Spencer, NU	3	16	5.33 (4)
Katrina Dowd, NU	2	10	2	12	6.00 (8)	Shannon Smith, NU	3	10	3.33 (40)
Kelly Haggerty, OSU	4	11	10	21	5.25 (14)	Rachael Zimmerman, UF	3	9	3.00
Ashley Bruns, UF	3	7	8	15	5.00 (15)	Brittany Dashiell, UF	3	9	3.00
Alayna Markwordt, OSU	4	10	7	17	4.25 (37)	Carter Foote, VAN	3	9	3.00
Brittney Zerheusen, OSU	4	11	5	16	4.00 (38)	Erica Mihm, PSU	4	10	2.50
Sarah Downing, VAN	3	8	3	11	3.67	six student-athletes			2.00
Danielle Spencer, NU	3	9	1	10	3.33				

GOALS					GROUND BALLS				
GP	G	GPG			GP	GB	GBPG		
Katrina Dowd, NU	2	10	5.00 (6)		Rachel Zimmerman, UF	3	11	3.67 (33)	
Shannon Smith, NU	3	14	4.67 (14)		Ally Carey, VAN	3	9	3.00	
Danielle Spencer, NU	3	9	3.00 (35)		Gabby Capuzzi, OSU	4	11	2.75	
Maghan Beaudrault, OSU	4	11	2.75		Maghan Beaudrault, OSU	4	10	2.50	
Kelly Haggerty, OSU	4	11	2.75		Cosette Larash, JHU	3	7	2.33	
Sarah Downing, VAN	3	8	2.67		Alex Mundy, VAN	3	7	2.33	
Brittany Dashiell, UF	3	8	2.67		Maggie Dunbar, PSU	4	9	2.25	
Alayna Markwordt, OSU	4	10	2.50		Jackie Eastman, PSU	4	9	2.25	
					six student-athletes			2.00	

ASSISTS					CAUSED TURNOVERS				
GP	A	APG			SGP	CT	CTPG		
Ashley Bruns, UF	3	8	2.67 (10)		Ally Carey, VAN	3	7	2.33 (25)	
Kelly Haggerty, OSU	4	10	2.50 (12)		Maghan Beaudrault, OSU	4	8	2.00 (35)	
Alayna Markwordt, OSU	4	7	1.75 (33)		Rachael Zimmerman, UF	3	6	2.00 (35)	
Shannon Smith, NU	3	5	1.67 (35)		Angela Hughes, JHU	3	6	2.00 (35)	
Ally Carey, VAN	3	5	1.67 (35)		Alyssa Kildare, JHU	3	5	1.67	
Sam Schrum, JHU	3	4	1.33		Alex Mundy, VAN	3	5	1.67	
Mary Dean, PSU	4	5	1.25		Taylor Thornton, NU	3	5	1.67	
Brittney Zerheusen, OSU	4	5	1.25						

(number in parentheses is national rank)

ALC National Recognition

Theresa Bucci, Penn State
womenslacrosse.com Honor Roll
Feb 23

Katrina Dowd, Northwestern
womenslacrosse.com Honor Roll
Mar 1

