



# American Lacrosse Conference

## Eighth Season - 2009

www.americanlacrosseconference.org

**Florida - Johns Hopkins - Northwestern - Penn State - South Carolina - Ohio State - Vanderbilt**

**FINAL**

**5 June 2009**

**Northwestern wins fifth consecutive national championship  
Hannah Nielsen wins second consecutive Tewaaraton Trophy**

### ALC Games

### All Games

	W	L	Pct.	GF	GA	Hm	Rd	Ne	W	L	Pct	GF	GA	Hm	Rd	Neu	Streak
Northwestern	4	0	1.000	73	33	2-0	2-0	0-0	23	0	1.000	407	158	10-0	9-0	4-0	Won 27
Penn State	2	2	.500	38	49	1-1	1-1	0-0	9	8	.529	190	173	7-3	2-3	0-2	Lost 1
Ohio State	2	2	.500	56	56	2-0	0-2	0-0	11	6	.688	254	182	6-2	5-4	0-0	Lost 3
Vanderbilt	2	2	.500	53	52	1-1	1-1	0-0	10	7	.588	234	188	5-2	4-4	1-1	Lost 2
Johns Hopkins	0	4	.000	38	68	0-2	0-2	0-0	5	12	.313	173	210	5-5	0-6	0-1	Lost 4

## ALC Head Coaches

FLORIDA .....Mandee O'Leary  
 JOHNS HOPKINS .....Janine Tucker  
 NORTHWESTERN .Kelly Amonte-Hiller  
 OHIO STATE .....Sue Stimmel  
 PENN STATE .....Suzanne Isidor  
 VANDERBILT .....Cathy Swezey

## ALC SID Contacts

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## ALC Staff

### COMMISSIONER

Peggy Pruitt

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### SPORTS INFORMATION

Chip Rogers

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## ALC vs Non-Conference 44-19, 69.8%

### CONFERENCE .....2009

America East .....5-0  
 ACC .....4-8  
 Atlantic 10 .....7-0  
 BIG EAST .....9-3  
 Colonial Athletic .....4-1  
 Ivy .....3-5  
 MAAC .....1-0  
 Mountain Pacific .....4-2  
 Northeast .....1-0  
 Patriot League .....5-0  
 Independents .....1-0  
 vs Non-ALC IWLCIA Ranked Opp. 16-17  
 Home .....26-7  
 Road .....15-10  
 Neutral .....3-2

## The ALC in the NCAA

### 2009 NCAA Championships

Y9	Northwestern vs. Massachusetts	NU
Y9	Vanderbilt at Notre Dame	ND
Y16	Northwestern vs. Princeton	NU
Y22	Northwestern vs. Penn	NU 13-12 2ot
Y24	Northwestern vs. North Carolina	NU 21-7

## ALC Special Honors

Player of the Year:

**Hannah Nielsen, Northwestern**

Rookie of the Year:

**Alayna Markwordt, Ohio State**

Goalie of the Year:

**Morgan Lathrop, Northwestern**

Coach of the Year:

**Kelly Amonte Hiller, Northwestern**

## ALC All-Conference Teams

### ALC First Team

Hilary Bowen, Northwestern  
 Katrina Dowd, Northwestern  
 Sarah Downing, Vanderbilt  
 Cara Giordano, Vanderbilt  
 Kendall Gysin, Ohio State  
 Kelly Haggerty, Ohio State  
 Angela Hughes, Johns Hopkins  
 Morgan Lathrop, Northwestern  
 Alex Mundy, Vanderbilt  
 Hannah Nielsen, Northwestern  
 Kerry Shea, Penn State  
 Danielle Spencer, Northwestern

### ALC Second Team

Ashley Boccio, Penn State  
 Maggie Bremer, Northwestern  
 Theresa Bucci, Penn State  
 Ally Carey, Vanderbilt  
 Stephanie Ellis, Penn State  
 Alexandra Frank, Northwestern  
 Meredith Frank, Northwestern  
 Alyssa Kildare, Johns Hopkins  
 Alayna Markwordt, Ohio State  
 Colleen McCaffrey, Johns Hopkins  
 Kristen McCandlish, Northwestern  
 Erica Mihm, Penn State

**JOHNS HOPKINS 5-12, 0-4 ALC**

F21	George Mason	W, 15-10
F25	Georgetown (7)	L, 6-11
F28	at Princeton (8)	L, 9-13
M4	Cincinnati	W, 18-9
<b>M7</b>	<b>at Ohio State (RV)</b>	<b>L, 12-22</b>
M15	at Oregon	L, 10-12
M19	George Washington	W, 13-12 ot
M24	UMBC	W, 8-6
M27	Stanford (14)	L, 7-10
M29	at Towson	L, 7-16
A1	Penn (3)	L, 3-11
<b>A4</b>	<b>at Vanderbilt (11)</b>	<b>L, 8-18</b>
A9	Fresno State	W, 19-0
A14	at Maryland (2)	L, 12-18
<b>A17</b>	<b>Northwestern (1)</b>	<b>L, 7-16</b>
<b>A25</b>	<b>Penn State (15)</b>	<b>L, 11-12</b>
<b>A30</b>	<b>Vanderbilt-ALC</b>	<b>L, 9-14</b>

**NORTHWESTERN 23-0, 4-0 ALC**

J23	vs. Denver (19)	W, 24-6
F17	at Duquesne	W, 20-6
F20	at Notre Dame (11)	W, 21-5
<b>F27</b>	<b>at Vanderbilt (11)</b>	<b>W, 22-10</b>
M2	at North Carolina (9)	W, 12-7
M7	at Georgetown (7)	W, 15-4
M12	Hofstra	W, 20-6
M14	Rutgers (RV)	W, 24-1
M22	Syracuse (8)	W, 19-8
M25	at Massachusetts	W, 22-5
A3	Duke (5)	W, 13-7
A4	California	W, 21-4
<b>A12</b>	<b>Penn State</b>	<b>W, 17-6</b>
<b>A17</b>	<b>at Johns Hopkins</b>	<b>W, 16-7</b>
A19	at Virginia (10)	W, 11-10
<b>A22</b>	<b>Ohio State (13)</b>	<b>W, 18-10</b>
A25	Penn (3)	W, 11-9
<b>Y1</b>	<b>Vanderbilt-ALC Semis</b>	<b>W, 15-10</b>
<b>Y2</b>	<b>at Penn State-ALC Final</b>	<b>W, 13-3</b>
<u>Y9</u>	<u>Massachusetts - NCAA</u>	<u>W</u>
<u>Y16</u>	<u>Princeton - NCAA</u>	<u>W</u>
<u>Y22</u>	<u>Penn - NCAA</u>	<u>W, 13-12 2ot</u>
<u>Y24</u>	<u>North Carolina - NCAA</u>	<u>W, 21-7</u>

**PENN STATE 9-8, 2-2 ALC**

F18	Lafayette	W, 20-7
F25	Bucknell	W, 18-5
M1	Colgate	W, 16-6
M4	Mount St. Mary's	W, 13-3
M8	at Virginia (2)	L, 11-12 OT
M14	at Princeton (7)	L, 7-9
M18	Penn (3)	L, 6-9
<b>M22</b>	<b>Vanderbilt (11)</b>	<b>L, 9-12</b>
M28	at William & Mary	W, 14-12
A3	Maryland (2)	L, 12-20
A5	at North Carolina (4)	L, 7-11
A8	Lehigh	W, 14-10
<b>A12</b>	<b>at Northwestern (1)</b>	<b>L, 6-17</b>
<b>A19</b>	<b>Ohio State (13)</b>	<b>W, 13-9</b>
<b>A25</b>	<b>at Johns Hopkins</b>	<b>W, 12-11</b>
<b>Y1</b>	<b>Ohio State - ALC Semi</b>	<b>W, 11-7</b>
<b>Y2</b>	<b>Northwestern-ALC Final</b>	<b>L, 3-13</b>

**OHIO STATE 11-6, 2-2 ALC**

F13	at American	W, 17-7
F15	at George Washington	W, 14-9
F22	at Notre Dame (11)	L, 11-14
M1	St. Bonaventure	W, 16-9
<b>M7</b>	<b>Johns Hopkins (14)</b>	<b>W, 22-12</b>
M11	Cincinnati	W, 20-8
M14	at Louisville	W, 15-12
M22	at Duquesne	W, 20-11
M24	California	W, 18-5
M29	Canisius	W, 15-9
A3	North Carolina (4)	L, 8-10
A5	Maryland (2)	L, 16-17
<b>A12</b>	<b>Vanderbilt</b>	<b>W, 15-13</b>
A14	at Detroit	W, 21-4
<b>A19</b>	<b>at Penn State (17)</b>	<b>L, 9-13</b>
<b>A22</b>	<b>at Northwestern (1)</b>	<b>L, 10-18</b>
<b>Y1</b>	<b>at Penn State-ALC</b>	<b>L, 7-11</b>

**VANDERBILT 10-7, 2-2 ALC**

F15	North Carolina (9)	L, 13-14 (OT)
F21	UMBC	W, 15-6
<b>F27</b>	<b>Northwestern (1)</b>	<b>L, 10-22</b>
M3	at Virginia Tech	cx.
M7	at Boston University (10)	W, 19-18
M11	at Duke (3)	L, 16-22
M15	at Cincinnati	W, 19-7
<b>M22</b>	<b>at Penn State (17)</b>	<b>W, 12-7</b>
M28	Binghamton	W, 22-7
M30	Delaware	W, 20-10
<b>A4</b>	<b>Johns Hopkins</b>	<b>W, 18-8</b>
A8	at New Hampshire	W, 11-7
<b>A12</b>	<b>at Ohio State</b>	<b>L, 13-15</b>
A15	Notre Dame (9)	W, 18-11
A21	at Cornell (20)	L, 4-11
<b>A30</b>	<b>Johns Hopkins (ALC)</b>	<b>W, 14-9</b>
<b>Y1</b>	<b>Northwestern-ALC Semi</b>	<b>L, 10-15</b>
<u>Y9</u>	<u>at Notre Dame - NCAA</u>	<u>L, 13-19</u>

**2009 ALC TOURNAMENT***All-Tournament Team***MVP**

Hannah Nielsen, Northwestern

- Ashley Boccio, Penn State
- Gabby Capuzzi, Ohio State
- Ally Carey, Vanderbilt
- Katrina Dowd, Northwestern
- Sarah Downing, Vanderbilt
- Stephanie Ellis, Penn State
- Meredith Frank, Northwestern
- Kelly Haggerty, Ohio State
- Angela Hughes, Johns Hopkins
- Morgan Lathrop, Northwestern
- Marisa Lozano, Penn State
- Shannon Smith, Northwestern

**ALC PLAYERS OF THE WEEK**Offensive

Feb 23	<b>Hilary Bowen, Northwestern</b>
Mar 2	<b>Danielle Spencer, Northwestern</b>
Mar 9	<b>Alayna Markwordt, Ohio State</b>
Mar 16	<b>Hannah Nielsen, Northwestern</b>
Mar 23	<b>Hannah Nielsen, Northwestern</b>
Mar 30	<b>Hannah Nielsen, Northwestern</b>
Apr 6	<b>Hannah Nielsen, Northwestern</b>
Apr 13	<b>Rachel Hawes, Ohio State</b>
Apr 20	<b>Sarah Downing, Vanderbilt</b>
Apr 27	<b>Hannah Nielsen, Northwestern</b>

Defensive

<b>Maggie Bremer, Northwestern</b>
<b>Margo Josephs, Penn State</b>
<b>Kristen Gilwee, Ohio State</b>
<b>Meredith Frank, Northwestern</b>
<b>Maggie Bremer, Northwestern</b>
<b>Stephanie Ellis, Penn State</b>
<b>Natalie Wills, Vanderbilt</b>
<b>Kristen Gilwee, Ohio State</b>
<b>Stephanie Ellis, Penn State</b>
<b>Lacey Vigmostad, Northwestern</b>

Rookie

<b>Colleen McCaffrey, Johns Hopkins</b>
<b>Alayna Markwordt, Ohio State</b>
<b>Alayna Markwordt, Ohio State</b>
<b>Alayna Markwordt, Ohio State</b>
<b>Natalie Wills, Vanderbilt</b>
<b>Shannon Smith, Northwestern</b>
<b>Ally Carey, Vanderbilt</b>
<b>Shannon Smith, Northwestern</b>
<b>Theresa Zichelli, Penn State</b>
<b>Alex Frank, Northwestern</b>

## TEAM STATISTICS

TEAM DEFENSE	GP	Min	GA	GAPG	TEAM OFFENSE	GP	Min	GL	GPG
Northwestern	23	1387.5	158	6.83 (2)	Northwestern	23	1387.5	407	16.60 (1)
Penn State	17	1026	173	10.18 (29)	Ohio State	17	1020	254	14.94 (5)
Ohio State	17	1020	182	10.71 (36)	Vanderbilt	16	966	234	14.63 (10)
Vanderbilt	17	1026	207	12.11	Penn State	17	1026	190	11.18 (45)
Johns Hopkins	17	1026	210	12.35	Johns Hopkins	17	1026	173	10.18

GROUND BALLS	GB	GBPG	CAUSED TOS	CT	CTPG	DRAW CONTROLS	DC	DCPG
Penn State	330	19.41 (21)	Vanderbilt	161	9.47 (30)	Northwestern	389	16.91 (1)
Vanderbilt	320	18.82 (30)	Penn State	139	8.18 (47)	Vanderbilt	260	15.29 (3)
Northwestern	413	17.96 (38)	Northwestern	188	8.17 (49)	Penn State	206	12.12 (44)
Ohio State	294	17.29 (47)	Johns Hopkins	118	6.94	Ohio State	206	12.12 (44)
Johns Hopkins	278	16.35	Ohio State	116	6.82	Johns Hopkins	195	11.47

## INDIVIDUAL STATISTICS

GOALS AGAINST	AVG.	MIN	GA	GAA	SAVE PERCENTAGE	SV	G	SV%
Morgan Lathrop, NU	1242:10	135	6.52 (2)	Morgan Lathrop, NU	131	135	49.2%	(13)
Stephanie Ellis, PSU	936:38	165	10.57 (34)	Natalie Wills, VAN	131	153	46.1%	(34)
Kristen Gilwee, OSU	855:22	160	11.22 (40)	Kristen Gilwee, OSU	133	160	45.4%	(41)
Natalie Wills, VAN	812:45	153	11.29 (42)	Stephanie Ellis, PSU	135	165	45.0%	(43)
Julianne Wisner, JHU	505:20	107	12.70	Julianne Wisner, JHU	80	107	42.8%	

goalkeepers must play 60% of the team minutes to rank nationally

SCORING	GP	GL	AS	PT	PPG	DRAW CONTROLS	GP	DC	DCPG
Hannah Nielsen, NU	23	59	83	142	6.17 (1)	Ally Carey, VAN	16	61	3.81 (8)
Kelly Haggerty, OSU	17	52	39	91	5.35 (4)	Hannah Nielsen, NU	23	72	3.13 (18)
Sarah Downing, VAN	17	55	26	81	4.76 (7)	Alexandra Frank, NU	23	63	2.74 (33)
Hilary Bowen, NU	15	55	11	66	4.40 *	Erica Mihm, PSU	17	42	2.47
Alayna Markwordt, OSU	17	45	27	72	4.24 (17)	Candace Rossi, JHU	17	34	2.00
Katrina Dowd, NU	23	75	13	88	3.83 (35)	Hilary Bowen, NU	15	30	2.00
Danielle Spencer, NU	23	64	20	84	3.65	Sarah Downing, VAN	17	32	1.88
Ally Carey, VAN	16	31	22	53	3.31	Cara Giordano, VAN	17	32	1.88
Katherine Denkler, VAN	17	38	11	49	2.88	Dunbar, PSU; Beard, OSU; and	17	31	1.82
Maghan Beaudrault, OSU	17	34	12	46	2.71	McCaffrey, JHU			

GOALS	GP	G	GPG	GROUND BALLS	GP	GB	GBPG
Hilary Bowen, NU	15	55	3.67 *	Alex Mundy, VAN	17	43	2.53 (42)
Sarah Downing, VAN	17	55	3.24 (15)	Stephanie Ellis, PSU	17	37	2.18
Kelly Haggerty, OSU	17	52	3.06 (21)	Ally Carey, VAN	16	33	2.06
Hannah Nielsen, NU	23	59	2.57	Kerry Shea, PSU	17	34	2.00
Danielle Spencer, NU	23	64	2.78	Natalie Wills, VAN	16	32	2.00
Katrina Dowd, NU	23	75	3.26	Margo Josephs, PSU	13	26	2.00
Alayna Markwordt, OSU	17	45	2.65	Morgan Lathrop, NU	23	45	1.96
Katherine Denkler, VAN	17	38	2.24	Maggie Dunbar, PSU	17	32	1.88
Carter Foote, VAN	17	36	2.12	Kristen Gilwee, OSU	16	30	1.88
Maghan Beaudrault, OSU	17	34	2.00	Cara Giordano, VAN	17	31	1.82

ASSISTS	GP	A	APG	CAUSED TURNOVERS	GP	CT	CTPG
Hannah Nielsen, NU	23	83	3.61 (1)	Margo Josephs, PSU	13	23	1.77 (18)
Kelly Haggerty, OSU	17	39	2.29 (6)	Alex Mundy, VAN	17	23	1.35
Alayna Markwordt, OSU	17	27	1.59 (27)	Angela Hughes, JHU	17	22	1.29
Sarah Downing, VAN	17	26	1.53 (31)	Alexandra Frank, NU	23	29	1.26
Marisa Lozano, PSU	17	24	1.41 (43)	Kerry Shea, PSU	17	19	1.12
Ally Carey, VAN	16	22	1.38 (45)	Claire Leonard, VAN	17	17	1.00
Allie Frank, VAN	17	19	1.12	Maggie Dunbar, PSU	17	17	1.00
Danielle Spencer, NU	23	20	0.87	Cara Giordano, VAN	17	17	1.00
Brett Bathras, JHU	17	14	0.82	Ally Carey, VAN	16	16	1.00
Hilary Bowen, NU	15	11	0.73	Hilary Bowen, NU	15	14	0.93

(number in parentheses is national rank)

[www.americanolacrosseconference.org](http://www.americanolacrosseconference.org)

# Weekly Honors and Awards

[womenslax.com](http://womenslax.com)

## **Pre-Season All Americans**

Hilary Bowen, Northwestern  
Morgan Lathrop, Northwestern  
Hannah Nielsen, Northwestern

## **Hannah Nielsen, Northwestern**

*National Player of the Week - Feb 23*

## **Alayna Markwordt, Ohio State**

*National Rookie of the Week - Mar 9*

## **Shannon Smith, Northwestern**

*National Rookie of the Week - Mar 16*

## **Natalie Wills, Vanderbilt**

*National Rookie of the Week - Mar 23*

## **Rachel Hawes, Ohio State**

*National Player of the Week - Apr 13*

## **Shannon Smith, Northwestern**

*National Rookie of the Week - May 5*

[womenslacrosse.com](http://womenslacrosse.com)

Mar 2

*National Honor Roll*

**Margo Josephs, Penn State**  
**Danielle Spencer, Northwestern**

Mar 9

*National Rookie of the Week*

**Alayna Markwordt, Ohio State**

*National Honor Roll*

**Sarah Downing, Vanderbilt**  
**Morgan Lathrop, Northwestern**

Mar 17

*National Honor Roll*

**Meredith Frank, Northwestern**  
**Hannah Nielsen, Northwestern**

Mar 23

*National Rookie of the Week*

**Natalie Wills, Vanderbilt**

*National Honor Roll*

**Hannah Nielsen, Northwestern**

Mar 30

*National Honor Roll*

**Hannah Nielsen, Northwestern**

Apr 7

*National Honor Roll*

**Sarah Downing, Vanderbilt**  
**Hannah Nielsen, Northwestern**

Apr 13

*National Honor Roll*

**Rachel Hawes, Ohio State**

Apr 20

*National Offensive Player of the Week*

**Sarah Downing, Vanderbilt**

*National Honor Roll*

**Hannah Nielsen, Northwestern**

Apr 27

*National Offensive Player of the Week*

**Hannah Nielsen, Northwestern**

May 5

*National Rookie of the Week*

**Shannon Smith, Northwestern**

*National Honor Roll*

**Hannah Nielsen, Northwestern**

# National Polls

## IWLCA Composite Poll

	PS	F17	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Y5	Fin
<b>Northwestern</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
Penn	5	5	6	6	5	3	2t	3	2	3	3	3	5	2
Maryland	6	6	5	3	2	2	2t	2	3	2	2	2	2	3t
North Carolina	9	9	9	9	9	6	4	4	4	4	4	5	3	3t
Duke	3	2	2	4	3	7	5	5	5	5	5	4	4	5
Notre Dame	11	11	12	11	11	10	9	10	8	9	11	6	6	6
Princeton	7	7	8	8	7	9	7	7	7	7	6	7	7	7
Syracuse	2	3	3	5	6	8	8	8	9	8	8	9	8t	8
Georgetown	8	8	7	7	8	4	6	6	6	6	7	8	8t	9
Virginia	4	4	4	2	4	5	10	9	11	10	9	10	10	10
<b>Vanderbilt</b>	<b>12</b>	<b>12</b>	<b>11</b>	<b>12</b>	<b>10</b>	<b>11</b>	<b>11</b>	<b>11</b>	<b>10</b>	<b>12</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>11</b>
Boston University	10	10	10	10	12	12	12	12	12	11	12	12	11	12
Stanford	18	17	16	18	16t	15	14	13	14	15	14	13	13t	13
Towson	19	18	18	19	RV	RV	RV	RV	--	--	RV	RV	16	14
<b>Penn State</b>	<b>RV</b>	<b>RV</b>	<b>--</b>	<b>RV</b>	<b>15</b>	<b>17</b>	<b>15</b>	<b>14</b>	<b>17</b>	<b>17</b>	<b>15</b>	<b>15</b>	<b>13t</b>	<b>15</b>
<b>Ohio State</b>	<b>RV</b>	<b>--</b>	<b>RV</b>	<b>--</b>	<b>19</b>	<b>18</b>	<b>16t</b>	<b>17</b>	<b>15</b>	<b>13</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Dartmouth	13	13	15	13	18	19	16t	15	13	14	16	16	17	17
Loyola	--	--	--	--	20	20	13	16	16	16	17	--	18t	18
Fairfield	--	--	--	--	--	--	--	--	--	--	--	--	RV	19
Cornell	16	16	17	16	14	14	19	19	20t	18	20	19	18t	20
New Hampshire	14	14	14	15	13	13	20	18	18	19	19	17	20t	RV
William & Mary	RV	RV	RV	20	RV	RV	RV	RV	--	RV	RV	20	20t	RV
Old Dominion	--	--	--	--	--	--	--	--	--	--	18	18	--	--
Hofstra	--	--	--	--	--	--	--	--	19	20	RV	--	--	--
James Madison	16	19	19	17	16t	16	18	20	20t	--	--	--	--	--
Denver	19	20	20	RV	RV	RV	RV	--	--	--	--	--	--	--
<b>Johns Hopkins</b>	<b>15</b>	<b>15</b>	<b>13</b>	<b>14</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>

## nike insidelacrosse.com Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Y5	Fin
<b>Northwestern</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
Penn	6	5	4t	3	3	3	3	3	3	3	3	4	2
North Carolina	8	8	9	11	8	5	5t	4	6	4	6t	5	3
Maryland	7	6t	3	2	2	2	2	2	2	2	2	2	4
Duke	3	3	4t	4	5t	4	4	6	5	7	4	3	5
Syracuse	2	2	7	6	4	7	7	8t	8	6	11	9	6
Notre Dame	10t	12	11	9	10	10	10	8t	9	12	6t	6	7
Princeton	5	6t	6	7	9	6	5t	5	4	5	5	7	8
Georgetown	9	9	8	8	5t	8	8	7	7	8	8	8	9t
Virginia	4	4	2	5	7	9	9	10	10t	9	9	11	9t
Boston University	10t	11	10	RV	14	12	12	12	10t	11	10	10	11
<b>Vanderbilt</b>	<b>12</b>	<b>10</b>	<b>13</b>	<b>10</b>	<b>12</b>	<b>11</b>	<b>11</b>	<b>11</b>	<b>12</b>	<b>10</b>	<b>12</b>	<b>13</b>	<b>12</b>
Stanford	20	16	18	17	17	15	16	15	16	15	14	12	13
Loyola	--	--	--	18t	20	13	13	14	14	13	15	14	14
<b>Penn State</b>	<b>--</b>	<b>--</b>	<b>RV</b>	<b>16</b>	<b>19</b>	<b>18</b>	<b>18</b>	<b>17</b>	<b>RV</b>	<b>19</b>	<b>16</b>	<b>15</b>	<b>15</b>
Dartmouth	17t	17	12	14	15	16t	15	13	15	16	17t	17	16
<b>Ohio State</b>	<b>--</b>	<b>RV</b>	<b>RV</b>	<b>20</b>	<b>18</b>	<b>16t</b>	<b>14</b>	<b>16</b>	<b>13</b>	<b>14</b>	<b>13</b>	<b>16</b>	<b>17</b>
Towson	14	14	16	18t	RV	RV	RV	--	RV	RV	RV	20	18
Cornell	15	15	14	12	11	14	17	20	17	20	19	19	19
New Hampshire	13	13	15	13	13	20	19	19	19	18	17t	18	20
Old Dominion	--	--	--	--	--	--	--	--	--	17	20	--	RV
Oregon	--	--	--	--	--	--	--	--	18	RV	--	--	--
Hofstra	--	RV	20	RV	--	--	RV	18	20	--	--	--	--
Denver	16	RV	RV	RV	--	RV	20	RV	--	--	--	--	--
James Madison	19	20	17	15	16	19	RV	RV	--	--	--	--	--
<b>Johns Hopkins</b>	<b>RV</b>	<b>18</b>	<b>19</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>
Yale	RV	19	RV	--	--	--	--	--	--	--	--	--	--
George Mason	17t	RV	RV	--	--	--	--	--	--	--	--	--	--

# National Polls

## womenslacrosse.com Composite Poll

	PS	M2	M9	M16	M23	M30	A6	A13	A20	A27	Y5	Fin
<b>Northwestern</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
Maryland	9	5	2	2	2	2	3	2	2	2	2	2
Penn	10	10	7	4	3	3	2	3	3	3	4	3
North Carolina	8	9	9	7	4	4	4	4	4	4	3	4
Duke	3	7	3	5	5	5	5	5	5	5	5	5
Syracuse	2	6	8	9	9	9	8	8	8	9	7	6
Princeton	5	4	5	6	6	6	6	6	6	7	9	7
Notre Dame	11	12	12	13	12	12	11	9	10	6	6	8
Georgetown	4	3	6	3	7	7	7	7	7	8	8	9
<b>Vanderbilt</b>	<b>12</b>	<b>11</b>	<b>10</b>	<b>11</b>	<b>10</b>	<b>10</b>	<b>9</b>	<b>10</b>	<b>9</b>	<b>10</b>	<b>10</b>	<b>10</b>
Boston University	6	8	11	12	11	11	10	12	11	11	11	11
Stanford	19	18	17	16	15	14	15	16	16	16	12	12
Virginia	7	2	4	8	8	8	12	13	13	13	13	13
<b>Penn State</b>	<b>--</b>	<b>--</b>	<b>15</b>	<b>10</b>	<b>13</b>	<b>13</b>	<b>13</b>	<b>15</b>	<b>15</b>	<b>15</b>	<b>14</b>	<b>14</b>
Cornell	--	--	20	17	19	19	18	18	18	18	15	15
<b>Ohio State</b>	<b>--</b>	<b>--</b>	<b>19</b>	<b>--</b>	<b>18</b>	<b>17</b>	<b>14</b>	<b>11</b>	<b>12</b>	<b>12</b>	<b>16</b>	<b>16</b>
Dartmouth	15	13	13	18	--	--	17	14	14	14	17	17
Loyola	--	--	--	--	16	18	16	17	17	17	18	18
Towson	16	20	--	--	--	--	--	--	--	--	19	19
William & Mary	17	17	18	19	17	16	19	20	20	19	20	20
Old Dominion	--	--	--	--	--	--	--	19	19	20	--	--
Hofstra	--	--	--	--	--	--	20	--	--	--	--	--
Denver	14	15	16	15	14	15	--	--	--	--	--	--
James Madison	--	--	--	20	20	20	--	--	--	--	--	--
New Hampshire	13	14	14	14	--	--	--	--	--	--	--	--
<b>Johns Hopkins</b>	<b>18</b>	<b>16</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>
George Mason	20	--	--	--	--	--	--	--	--	--	--	--

## LaxPower.com Forum Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
<b>Northwestern</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
Penn	6	6	6	4	3	3	3	3	3	3	3	2
Maryland	9	8	3	2	2	2	2	2	2	2	2	3
North Carolina	8	9	9	9	6	4	4	4	4	4	4	4
Duke	2	3	5	6	8	6	5	5	5	5	5	5
Notre Dame	11	12	13	11	10	10	11	10	9	12	6	6
Princeton	5	5	7	7	9	5	6	6	6	6	7	7
Syracuse	3	2	4	5	4	7	7	8	8	7	8t	8
Georgetown	7	7	8	8	7	9	8	7	7	8	8t	9
Virginia	4	4	2	3	5	8	9	11	10	9	10	10
Boston University	10	10	10	12	12	12	12	12	12	11	11	11
<b>Vanderbilt</b>	<b>12</b>	<b>11</b>	<b>11</b>	<b>10</b>	<b>11</b>	<b>11</b>	<b>10</b>	<b>9</b>	<b>13</b>	<b>10</b>	<b>12</b>	<b>12</b>
Stanford	--	20	20	17	17	15t	15	15	15	15	14	13
<b>Ohio State</b>	<b>--</b>	<b>RV</b>	<b>RV</b>	<b>RV</b>	<b>RV</b>	<b>17t</b>	<b>17</b>	<b>14</b>	<b>11</b>	<b>13</b>	<b>13</b>	<b>14</b>
<b>Penn State</b>	<b>--</b>	<b>--</b>	<b>RV</b>	<b>18</b>	<b>15</b>	<b>14</b>	<b>13</b>	<b>16</b>	<b>17</b>	<b>16</b>	<b>16</b>	<b>15</b>
Dartmouth	15	14t	12	15	18	15t	14	13	14	14	15	16
Towson	14	14t	15	19	19	17t	18	RV	RV	RV	19	17
Loyola	--	--	--	--	20	13	16	17	16	17	17	18
New Hampshire	13	13	14	13	14	20	19	18	18	20	18	19
Fairfield												20
William & Mary	RV	RV	RV	RV	RV	RV	RV	RV	RV	RV	20	RV
Old Dominion	--	--	--	--	--	--	--	--	20	18	RV	RV
Cornell	16t	17	16	14	13	RV	RV	20	19	19	RV	RV
Hofstra	RV	RV	RV	RV	RV	RV	RV	19	RV	RV	RV	RV
James Madison	19	19	18	16	16	19	20	RV	--	RV	--	--
Denver	16t	18	19	20	RV	RV	RV	--	--	--	--	--
George Mason	20	--	--	--	--	RV	RV	RV	--	--	--	--
<b>Johns Hopkins</b>	<b>18</b>	<b>16</b>	<b>17</b>	<b>RV</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>	<b>--</b>

# National Honors

## Honda Sports Award

Hannah Nielsen, Northwestern\*

*\*second consecutive year*

## Tewaaraton Trophy **Recipient**

Hannah Nielsen, Northwestern\*

### **Watch List**

Hilary Bowen, Northwestern\*

Katrina Dowd, Northwestern\*

Sarah Downing, Vanderbilt

Meredith Frank, Northwestern\*

Kelly Haggerty, Ohio State

Alex Mundy, Vanderbilt

*\*preseason selection*

## ESPN the Magazine Academic All-American of the Year

Hilary Bowen, Northwestern

## **IWLCA/US Lacrosse**

### **Hannah Nielsen**

*Attack Player of the Year*

### **First team**

Sarah Downing, Vanderbilt

Hannah Nielsen, Northwestern

### **Second team**

Meredith Frank, Northwestern

Kelly Haggerty, Ohio State

### **Third team**

Morgan Lathrop, Northwestern

## **womenslax.com**

### **Hannah Nielsen**

*Player of the Year*

### **Morgan Lathrop**

*Goalie of the Year*

### **All-Americans**

Katrina Dowd, Northwestern

Meredith Frank, Northwestern

Morgan Lathrop, Northwestern

Hannah Nielsen, Northwestern

Danielle Spencer, Northwestern

## **womenslacrosse.com**

### **Hannah Nielsen**

*Attack Player of the Year*

### **Morgan Lathrop**

*Goalie of the Year*

### **All-Americans**

#### **First Team**

Hilary Bowen, Northwestern

Sarah Downing, Vanderbilt

Meredith Frank, Northwestern

Morgan Lathrop, Northwestern

Hannah Nielsen, Northwestern

#### **Second Team**

Katrina Dowd, Northwestern

Cara Giordano, Vanderbilt

Angela Hughes, Johns Hopkins

Danielle Spencer, Northwestern

#### **Third team**

Ashley Boccio, Penn State

Kelly Haggerty, Ohio State

Alex Mundy, Vanderbilt

#### **All-Rookie Team**

Ally Carey, Vanderbilt

Alex Frank, Northwestern

Alayna Markwordt, Ohio State

Shannon Smith, Northwestern

Lacey Vigmostad, Northwestern

# Conference Honors

## ALC Preseason All-Conference Team

Maghan Beaudrault, Ohio State

Hilary Bowen, Northwestern

Theresa Bucci, Penn State

Cara Giordano, Vanderbilt

Morgan Lathrop, Northwestern

Carter Foote, Vanderbilt

Meredith Frank, Northwestern

Angela Hughes, Johns Hopkins

Hannah Nielsen, Northwestern

Sam Schrum, Johns Hopkins

Kerry Shea, Penn State

Danielle Spencer, Northwestern