



American Lacrosse Conference

Eighth Season - 2009

www.americanlacrosseconference.org

Florida - Johns Hopkins - Northwestern - Penn State - South Carolina - Ohio State - Vanderbilt

Week 6

31 Mar 2009

Nielsen ties all-time career assist record with 178 career assists

Northwestern, Ohio State rank 1-2 in scoring offense nationally as do Nielsen and Haggerty

ALC Games

	W	L	Pct.	GF	GA
Northwestern	1	0	1.000	22	10
Ohio State	1	0	1.000	22	12
Vanderbilt	1	1	.500	22	29
Penn State	0	1	.000	7	12
Johns Hopkins	0	1	.000	12	22

All Games

	W	L	Pct	GF	GA	Hm	Rd	Ne	W	L	Pct	GF	GA	Hm	Rd	Neu	Streak
Northwestern	10	0	1.000	199	58	3-0	6-0	1-0	10	0	1.000	199	58	3-0	6-0	1-0	Won 16
Ohio State	9	1	.900	168	96	5-0	4-1	0-0	9	1	.900	168	96	5-0	4-1	0-0	Won 7
Vanderbilt	5	3	.625	126	103	2-2	3-1	0-0	5	3	.625	126	103	2-2	3-1	0-0	Won 3
Penn State	5	4	.555	112	75	4-2	1-2	0-0	5	4	.555	112	75	4-2	1-2	0-0	Won 1
Johns Hopkins	4	6	.400	105	121	4-2	0-4	0-0	4	6	.400	105	121	4-2	0-4	0-0	Lost 1

ALC Head Coaches

FLORIDAMandee O'Leary
 JOHNS HOPKINSJanine Tucker
 NORTHWESTERN .Kelly Amonte-Hiller
 OHIO STATESue Stimmel
 PENN STATESuzanne Isidor
 VANDERBILTCathy Swezey

ALC SID Contacts

JOHNS HOPKINSJill Olsen
 410-516-0552 ...jolsen6@jhemi.jhu.edu
 NORTHWESTERN ...Rand Champion
 847-491-7503 champion@northwestern.edu
 OHIO STATEShelley Poe
 614-247-7023PoeS@buckeyes.ath.ohio-state.edu
 PENN STATEJohn Regenfuss
 814-865-1757jmr49@psu.edu
 VANDERBILTJosh Arntz
 615-322-4051 ..josh.arntz@vanderbilt.edu

ALC Staff

COMMISSIONER

Peggy Pruitt

740-593-3410pruitt@ohiou.edu

SPORTS INFORMATION

Chip Rogers

434-825-2082chpr@virginia.edu

ALC vs Non-Conference

30-11, 73.2%

CONFERENCE2009

America East	.4-0
ACC	.1-3
Atlantic 10	.6-0
BIG EAST	.8-2
Colonial Athletic	.3-1
Ivy	.0-3
MAAC	.1-0
Mountain Pacific	.2-2
Northeast	.1-0
Patriot League	.4-0
Independents	.0-0
vs Non-ALC IWLCRA Ranked Opp.	.7-9
Home	.17-4
Road	.12-7
Neutral	.1-0

Last Week in the ALC

M24	Ohio State vs. California	OSU 18-5
M24	Johns Hopkins vs. UMBC	JHU 8-6
M25	Northwestern at Massachusetts	NU 22-5
M27	Johns Hopkins vs. Stanford	Stan 10-7
M28	Penn State at William & Mary	PSU 14-12
M28	Vanderbilt vs. Binghamton	Vandy 22-7
M29	Johns Hopkins at Towson	TU 16-7
M29	Ohio State vs. Canisius	OSU 15-9

This Week in the ALC

M30	Vanderbilt vs. Delaware	4:00
A1	Johns Hopkins vs. Penn	7:00
A3	Northwestern vs. Duke	7:00
	ALC-ACC Challenge at Ohio State	
A3	Penn State vs. Maryland	5:00
A3	Ohio State vs. North Carolina	7:30
A4	Johns Hopkins at Vanderbilt	1:00
A5	Northwestern vs. California	1:00
	ALC-ACC Challenge at Ohio State	
A5	Penn State at North Carolina	11:00
A5	Ohio State vs. Maryland	1:30

ALC Players of the Week

Defensive: Stephanie Ellis, Penn State

Jr., Bryn Mawr, Pa. (Radnor)

Junior goalkeeper Stephanie Ellis recorded 12 saves, headlining the Penn State defense in its 14-12 victory over William & Mary. One of the top goalkeepers in the ALC, she owns a nationally-ranked 8.94 goals against average and has been in net for all five of the Nittany Lions' wins in 2009.

Offensive: Hannah Nielsen, Northwestern

Sr., Adelaide, Australia (Brighton Secondary)

Nielsen earned her third consecutive ALC Offensive Player of the Week after posting four goals and four assists in the win over Massachusetts, tying the national all-time career assist record in the process. The Australian added four draw controls in the victory.

Rookie: Shannon Smith, Northwestern

Fr., West Babylon, N.Y. (West Babylon)

Smith had a hat trick and added three ground balls, two draw controls, and an assist as Northwestern defeated UMass 22-5. Two of Smith's goals and her assist came as part of NU's 4-1 opening run to take control of the game.

JOHNS HOPKINS 4-6, 0-1 ALC

F21	George Mason	W, 15-10
F25	Georgetown (7)	L, 6-11
F28	at Princeton (8)	L, 9-13
M4	Cincinnati	W, 18-9
M7	at Ohio State (RV)	L, 12-22
M15	at Oregon	L, 10-12
M19	George Washington	W, 13-12 ot
M24	UMBC	W, 8-6
M27	Stanford (14)	L, 7-10
M29	at Towson	L, 7-16
A1	Penn (3)	7:00
A4	at Vanderbilt (11)	1:00
A9	Fresno State	4:00
A14	at Maryland	4:00
A17	Northwestern	7:00
A25	Penn State	1:00

NORTHWESTERN 10-0, 1-0 ALC

J23	vs. Denver (19)	W, 24-6
F17	at Duquesne	W, 20-6
F20	at Notre Dame (11)	W, 21-5
F27	at Vanderbilt (11)	W, 22-10
M2	at North Carolina (9)	W, 12-7
M7	at Georgetown (7)	W, 15-4
M12	Hofstra	W, 20-6
M14	Rutgers (RV)	W, 24-1
M22	Syracuse (8)	W, 19-8
M25	at Massachusetts	W, 22-5
A3	Duke (5)	7:00
A5	California	1:00
A12	Penn State	12:00
A17	at Johns Hopkins	7:00
A19	at Virginia	12:00
A22	Ohio State	5:00
A25	Penn	7:00

PENN STATE 5-4, 0-1 ALC

F18	Lafayette	W, 20-7
F25	Bucknell	W, 18-5
M1	Colgate	W, 16-6
M4	Mount St. Mary's	W, 13-3
M8	at Virginia (2)	L, 11-12 OT
M14	at Princeton (7)	L, 7-9
M18	Penn (3)	L, 6-9
M22	Vanderbilt (11)	L, 9-12
M28	at William & Mary	W, 14-12
A3	Maryland (2)	5:00
A5	at North Carolina (4)	11:00
A8	Lehigh	3:00
A12	at Northwestern	12:00
A19	Ohio State	1:00
A25	at Johns Hopkins	1:00

OHIO STATE 9-1, 1-0 ALC

F13	at American	W, 17-7
F15	at George Washington	W, 14-9
F22	at Notre Dame (11)	L, 11-14
M1	St. Bonaventure	W, 16-9
M7	Johns Hopkins (14)	W, 22-12
M11	Cincinnati	W, 20-8
M14	at Louisville	W, 15-12
M22	at Duquesne	W, 20-11
M24	California	W, 18-5
M29	Canisius	W, 15-9
A3	North Carolina (4)	7:30
A5	Maryland (2)	1:30
A12	Vanderbilt	12:00
A14	at Detroit	4:00
A19	at Penn State	1:00
A22	at Northwestern	5:00

VANDERBILT 5-3, 1-1 ALC

F15	North Carolina (9)	L, 13-14 (OT)
F21	UMBC	W, 15-6
F27	Northwestern (1)	L, 10-22
M3	at Virginia Tech	cx.
M7	at Boston University (10)	W, 19-18
M11	at Duke (3)	L, 16-22
M15	at Cincinnati	W, 19-7
M22	at Penn State (17)	W, 12-7
M28	Binghamton	W, 22-7
M30	Delaware	4:00
A4	Johns Hopkins	1:00
A8	at New Hampshire	1:00
A12	at Ohio State	12:00
A15	Notre Dame	3:30
A21	at Cornell	4:00

2009 ALC TOURNAMENT*hosted by Penn State*

Apr 30 - May 2

Apr 30**#4 vs #5, 3:00****May 1****#1 vs #4/#5, 3:00****#2 vs #3, 5:30****May 2****Championship, 2:00****ALC PLAYERS OF THE WEEK**OffensiveDefensiveRookie

Feb 23	Hilary Bowen, Northwestern	Maggie Bremer, Northwestern	Colleen McCaffrey, Johns Hopkins
Mar 2	Danielle Spencer, Northwestern	Margo Josephs, Penn State	Alayna Markwordt, Ohio State
Mar 9	Alayna Markwordt, Ohio State	Kristen Gilwee, Ohio State	Alayna Markwordt, Ohio State
Mar 16	Hannah Nielsen, Northwestern	Meredith Frank, Northwestern	Alayna Markwordt, Ohio State
Mar 23	Hannah Nielsen, Northwestern	Maggie Bremer, Northwestern	Natalie Wills, Vanderbilt
Mar 30	Hannah Nielsen, Northwestern	Stephanie Ellis, Penn State	Shannon Smith, Northwestern
Apr 6			
Apr 13			
Apr 20			
Apr 27			
May 4			

TEAM STATISTICS

TEAM DEFENSE	GP	Min	GA	GAPG	TEAM OFFENSE	GP	Min	GL	GPG
Northwestern	10	600	58	5.80 (2)	Northwestern	10	600	199	19.90 (1)
Penn State	9	546	75	8.33 (6)	Ohio State	10	600	168	16.80 (2)
Ohio State	10	600	96	9.60 (20)	Vanderbilt	8	486	126	15.75 (5)
Johns Hopkins	10	606	121	12.10	Penn State	9	546	112	12.44 (32)
Vanderbilt	8	486	103	12.88	Johns Hopkins	10	606	105	10.50

GROUND BALLS	GB	GBPG	CAUSED TOS	CT	CTPG	DRAW CONTROLS	DC	DCPG
Penn State	218	24.22 (5)	Penn State	93	10.33 (23)	Northwestern	175	17.50 (1)
Johns Hopkins	194	19.40 (23)	Vanderbilt	73	9.13 (38)	Vanderbilt	121	15.13 (5)
Northwestern	180	18.00 (40)	Northwestern	86	8.60 (45)	Penn State	118	13.11 (28)
Ohio State	179	17.90 (41)	Johns Hopkins	84	8.40 (47)	Ohio State	131	13.10 (29)
Vanderbilt	132	16.50	Ohio State	77	7.70	Johns Hopkins	114	11.40

INDIVIDUAL STATISTICS

GOALS AGAINST	AVG.	MIN	GA	GAA	SAVE PERCENTAGE	SV	G	SV%
Morgan Lathrop, NU		496:04	41	4.96 (2)	Morgan Lathrop, NU	55	41	57.3% (1)
Stephanie Ellis, PSU		469:37	70	8.94 (12)	Kristen Gilwee, OSU	81	89	52.4% (9)
Kristen Gilwee, OSU		512:30	81	9.48 (17)	Stephanie Ellis, PSU	66	70	48.5% (23)
Natalie Wills, VAN		276:00	52	11.30	Natalie Wills, VAN	44	52	45.6%
Lizzie O'Ferrall, JHU		364:51	76	12.50	Lizzie O'Ferrall, JHU	38	76	33.3%

goalkeepers must play 60% of the team minutes to rank nationally

SCORING	GP	GL	AS	PT	PPG	DRAW CONTROLS	GP	DC	DCPG
Hannah Nielsen, NU	10	35	37	72	7.20 (1)	Hannah Nielsen, NU	10	30	3.00 (26)
Kelly Haggerty, OSU	10	38	24	62	6.20 (2)	Hilary Bowen, NU	10	28	2.80 (40)
Hilary Bowen, NU	10	43	10	53	5.30 (5)	Ally Carey, VAN	7	19	2.71 (45)
Alayna Markwordt, OSU	10	29	20	49	4.90 (9)	Erica Mihm, PSU	9	22	2.44
Sarah Downing, VAN	8	22	15	37	4.63 (13)	Candace Rossi, JHU	10	24	2.40
Danielle Spencer, NU	10	33	9	42	4.20 (25)	Alexandra Frank, NU	10	24	2.40
Ally Carey, VAN	7	15	11	26	3.71	Jayme Beard, OSU	10	22	2.20
Katherine Denkler, VAN	8	19	8	27	3.38	Maggie Dunbar, PSU	9	19	2.11
Maghan Beaudrault, OSU	10	22	7	29	2.90	Colleen McCaffrey, JHU	10	21	2.10
Marisa Lozano, PSU	9	16	10	26	2.89	Kerry Shea, PSU	9	17	1.89

GOALS	GP	G	GPG	GROUND BALLS	GP	GB	GBPG
Hilary Bowen, NU	10	43	4.30 (2)	Jackie Eastman, PSU	7	20	2.86 (29)
Kelly Haggerty, OSU	10	38	3.80 (7)	Alex Mundy, VAN	8	22	2.75 (38)
Hannah Nielsen, NU	10	35	3.50 (13)	Natalie Wills, VAN	7	17	2.43
Danielle Spencer, NU	10	33	3.30 (20)	Stephanie Ellis, PSU	9	21	2.33
Alayna Markwordt, OSU	10	29	2.90 (34)	Margo Josephs, PSU	9	21	2.33
Sarah Downing, VAN	8	22	2.75 (45)	Gabby Capuzzi, OSU	10	22	2.20
Carter Foote, VAN	8	20	2.50	Kerry Shea, PSU	9	19	2.11
Katherine Denkler, VAN	8	19	2.38	Maggie Dunbar, PSU	9	18	2.00
Candace Rossi, JHU	10	22	2.20	Angela Hughes, JHU	10	19	1.90
Maghan Beaudrault, OSU	10	22	2.20	Kristen Gilwee, OSU	10	19	1.90

ASSISTS	GP	A	APG	CAUSED TURNOVERS	GP	CT	CTPG
Hannah Nielsen, NU	10	37	3.70 (1)	Margo Josephs, PSU	9	20	2.22 (7)
Kelly Haggerty, OSU	10	24	2.40 (6)	Angela Hughes, JHU	10	17	1.70 (33)
Alayna Markwordt, OSU	10	20	2.00 (10)	Cara Giordano, VAN	8	10	1.25
Sarah Downing, VAN	8	15	1.88 (17)	Kerry Shea, PSU	9	11	1.22
Ally Carey, VAN	7	11	1.57 (31)	Hilary Bowen, NU	10	12	1.20
Allie Frank, VAN	8	11	1.38 (43)	Ally Carey, VAN	7	8	1.14
Cara Giordano, VAN	8	10	1.25	Claire Leonard, VAN	8	9	1.13
Jackie Eastman, PSU	7	8	1.14	Alex Mundy, VAN	8	9	1.13
Marisa Lozano, PSU	9	10	1.11	Alexandra Frank, NU	10	11	1.10
three student-athletes			1.00	Gabby Capuzzi, OSU	10	11	1.10

(number in parentheses is national rank)

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Honors and Awards

ALC Preseason All-Conference Team

Maghan Beaudrault, Ohio State
Hilary Bowen, Northwestern
Theresa Bucci, Penn State
Cara Giordano, Vanderbilt
Morgan Lathrop, Northwestern
Carter Foote, Vanderbilt
Meredith Frank, Northwestern
Angela Hughes, Johns Hopkins
Hannah Nielsen, Northwestern
Sam Schrum, Johns Hopkins
Kerry Shea, Penn State
Danielle Spencer, Northwestern

Tewaaraton Trophy Watch List

Hilary Bowen, Northwestern*
Katrina Dowd, Northwestern*
Sarah Downing, Vanderbilt
Meredith Frank, Northwestern*
Kelly Haggerty, Ohio State
Alex Mundy, Vanderbilt
Hannah Nielsen, Northwestern*

**preseason selection*

womenslax.com Honors

Pre-Season All Americans

Hilary Bowen, Northwestern
Morgan Lathrop, Northwestern
Hannah Nielsen, Northwestern

Hannah Nielsen, Northwestern

National Player of the Week - Feb 23

Alayna Markwordt, Ohio State

National Rookie of the Week - Mar 9

Shannon Smith, Northwestern

National Rookie of the Week - Mar 16

Natalie Wills, Vanderbilt

National Rookie of the Week - Mar 23

womenslacrosse.com Honors

Mar 2

National Honor Roll

Margo Josephs, Penn State
Danielle Spencer, Northwestern

Mar 9

National Rookie of the Week

Alayna Markwordt, Ohio State

National Honor Roll

Sarah Downing, Vanderbilt
Morgan Lathrop, Northwestern

Mar 17

National Honor Roll

Meredith Frank, Northwestern
Hannah Nielsen, Northwestern

Mar 23

National Rookie of the Week

Natalie Wills, Vanderbilt

National Honor Roll

Hannah Nielsen, Northwestern

Mar 30

National Honor Roll

Hannah Nielsen, Northwestern

National Polls

IWLCA Composite Poll

	PS	F17	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1					
Maryland	6	6	5	3	2	2	2t	2					
Penn	5	5	6	6	5	3	2t	3					
North Carolina	9	9	9	9	9	6	4	4					
Duke	3	2	2	4	3	7	5	5					
Georgetown	8	8	7	7	8	4	6	6					
Princeton	7	7	8	8	7	9	7	7					
Syracuse	2	3	3	5	6	8	8	8					
Virginia	4	4	4	2	4	5	10	9					
Notre Dame	11	11	12	11	11	10	9	10					
Vanderbilt	12	12	11	12	10	11	11	11					
Boston University	10	10	10	10	12	12	12	12					
Stanford	18	17	16	18	16t	15	14	13					
Penn State	RV	RV	--	RV	15	17	15	14					
Dartmouth	13	13	15	13	18	19	16t	15					
Loyola	--	--	--	--	20	20	13	16					
Ohio State	RV	--	RV	--	19	18	16t	17					
New Hampshire	14	14	14	15	13	13	20	18					
Cornell	16	16	17	16	14	14	19	19					
James Madison	16	19	19	17	16t	16	18	20					
Towson	19	18	18	19	RV	RV	RV	RV					
William & Mary	RV	RV	RV	20	RV	RV	RV	RV					
Denver	19	20	20	RV	RV	RV	RV	--					
Johns Hopkins	15	15	13	14	--	--	--	--					

nike insidelacrosse.com Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1					
Maryland	7	6t	3	2	2	2	2					
Penn	6	5	4t	3	3	3	3					
Duke	3	3	4t	4	5t	4	4					
North Carolina	8	8	9	11	8	5	5t					
Princeton	5	6t	6	7	9	6	5t					
Syracuse	2	2	7	6	4	7	7					
Georgetown	9	9	8	8	5t	8	8					
Virginia	4	4	2	5	7	9	9					
Notre Dame	10t	12	11	9	10	10	10					
Vanderbilt	12	10	13	10	12	11	11					
Boston University	10t	11	10	RV	14	12	12					
Loyola	--	--	--	18t	20	13	13					
Ohio State	--	RV	RV	20	18	16t	14					
Dartmouth	17t	17	12	14	15	16t	15					
Stanford	20	16	18	17	17	15	16					
Cornell	15	15	14	12	11	14	17					
Penn State	--	--	RV	16	19	18	18					
New Hampshire	13	13	15	13	13	20	19					
Denver	16	RV	RV	RV	--	RV	20					
James Madison	19	20	17	15	16	19	RV					
Towson	14	14	16	18t	RV	RV	RV					
Hofstra	--	RV	20	RV	--	--	RV					
Johns Hopkins	RV	18	19	--	--	--	--					
Yale	RV	19	RV	--	--	--	--					
George Mason	17t	RV	RV	--	--	--	--					

National Polls

womenslacrosse.com Composite Poll

	PS	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1					
Maryland	9	5	2	2	2	2					
Penn	10	10	7	4	3	3					
North Carolina	8	9	9	7	4	4					
Duke	3	7	3	5	5	5					
Princeton	5	4	5	6	6	6					
Georgetown	4	3	6	3	7	7					
Virginia	7	2	4	8	8	8					
Syracuse	2	6	8	9	9	9					
Vanderbilt	12	11	10	11	10	10					
Boston University	6	8	11	12	11	11					
Notre Dame	11	12	12	13	12	12					
Penn State	--	--	15	10	13	13					
Stanford	19	18	17	16	15	14					
Denver	14	15	16	15	14	15					
William & Mary	17	17	18	19	17	16					
Ohio State	--	--	19	--	18	17					
Loyola	--	--	--	--	16	18					
Cornell	--	--	20	17	19	19					
James Madison	--	--	--	20	20	20					
New Hampshire	13	14	14	14	--	--					
Dartmouth	15	13	13	18	--	--					
Johns Hopkins	18	16	--	--	--	--					
Towson	16	20	--	--	--	--					
George Mason	20	--	--	--	--	--					

LaxPower.com Forum Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1					
Maryland	9	8	3	2	2	2	2					
Penn	6	6	6	4	3	3	3					
North Carolina	8	9	9	9	6	4	4					
Duke	2	3	5	6	8	6	5					
Princeton	5	5	7	7	9	5	6					
Syracuse	3	2	4	5	4	7	7					
Georgetown	7	7	8	8	7	9	8					
Virginia	4	4	2	3	5	8	9					
Vanderbilt	12	11	11	10	11	11	10					
Notre Dame	11	12	13	11	10	10	11					
Boston University	10	10	10	12	12	12	12					
Penn State	--	--	RV	18	15	14	13					
Dartmouth	15	14t	12	15	18	15t	14					
Stanford	--	20	20	17	17	15t	15					
Loyola	--	--	--	--	20	13	16					
Ohio State	--	RV	RV	RV	RV	17t	17					
Towson	14	14t	15	19	19	17t	18					
New Hampshire	13	13	14	13	14	20	19					
James Madison	19	19	18	16	16	19	20					
Denver	16t	18	19	20	RV	RV	RV					
Cornell	16t	17	16	14	13	RV	RV					
George Mason	20	--	--	--	--	RV	RV					
Johns Hopkins	18	16	17	RV	--	--	--					