



American Lacrosse Conference

Eighth Season - 2009

www.americanlacrosseconference.org

Florida - Johns Hopkins - Northwestern - Penn State - South Carolina - Ohio State - Vanderbilt

Week 7

7 Apr 2009

Nielsen sets all-time career assist record; now holds game, season, and career marks

	ALC Games						All Games										
	W	L	Pct.	GF	GA	Hm	Rd	Ne	W	L	Pct	GF	GA	Hm	Rd	Neu	Streak
Northwestern	1	0	1.000	22	10	0-0	1-0	0-0	12	0	1.000	233	69	5-0	6-0	1-0	Won 16
Ohio State	1	0	1.000	22	12	1-0	0-0	0-0	9	3	.900	192	123	5-2	4-1	0-0	Lost 2
Vanderbilt	2	1	.667	40	37	1-1	1-0	0-0	7	3	.700	164	121	4-2	3-1	0-0	Won 5
Penn State	0	1	.000	7	12	0-1	0-0	0-0	5	6	.555	131	106	4-2	1-2	0-2	Lost 2
Johns Hopkins	0	2	.000	20	40	0-0	0-2	0-0	4	8	.333	116	150	4-3	0-5	0-0	Lost 4

ALC Head Coaches

FLORIDAMandee O'Leary
 JOHNS HOPKINSJanine Tucker
 NORTHWESTERN .Kelly Amonte-Hiller
 OHIO STATESue Stimmel
 PENN STATESuzanne Isidor
 VANDERBILTCathy Swezey

ALC SID Contacts

JOHNS HOPKINSJill Olsen
 410-516-0552 ...jolsen6@jhemi.jhu.edu
 NORTHWESTERN ...Rand Champion
 847-491-7503 champion@northwestern.edu
 OHIO STATEShelley Poe
 614-247-7023PoeS@buckeyes.ath.ohio-state.edu
 PENN STATEJohn Regenfuss
 814-865-1757jmr49@psu.edu
 VANDERBILTChris Weinman
 615-322-4051 chris.weinman@vanderbilt.edu

ALC Staff

COMMISSIONER

Peggy Pruitt

740-593-3410 pruittp@ohiou.edu

SPORTS INFORMATION

Chip Rogers

434-825-2082chpr@virginia.edu

ALC vs Non-Conference

33-16, 67.3%

CONFERENCE2009

America East4-0
 ACC2-7
 Atlantic 106-0
 BIG EAST8-2
 Colonial Athletic4-1
 Ivy0-4
 MAAC1-0
 Mountain Pacific3-2
 Northeast1-0
 Patriot League4-0
 Independents0-0
 vs Non-ALC IWLCRA Ranked Opp. .8-14
 Home20-7
 Road12-7
 Neutral1-2

Last Week in the ALC

M30 Vanderbilt vs. Delaware VAN 20-10
 A1 Johns Hopkins vs. Penn Penn 11-3
 A3 Northwestern vs. Duke NU 13-7
ALC-ACC Challenge at Ohio State
 A3 Penn State vs. Maryland MD 20-12
 A3 Ohio State vs. North Carolina UNC 10-8
A4 Johns Hopkins at Vanderbilt VAN 18-8
 A4 Northwestern vs. California NU 21-4
ALC-ACC Challenge at Ohio State
 A5 Penn State vs. North Carolina NC 10-8
 A5 Ohio State vs. Maryland MD 17-16

This Week in the ALC

A8 Vanderbilt at New Hampshire 1:00
 A8 Penn State vs. Lehigh 3:00
 A9 Johns Hopkins vs. Fresno State 4:00
A12 Penn State at Northwestern 12:00
A12 Vanderbilt at Ohio State 12:00

ALC Players of the Week

Defensive: Natalie Wills, Vanderbilt

Fr., Kent Island, Md. (St. Mary's)

Rookie goalkeeper Natalie Wills notched 12 saves in a complete-game victory over ALC rival Johns Hopkins, helping the Commodores to a key conference win. She also had 12 saves in the win over Delaware, giving her a 54.5% save percentage on the week. The Maryland native added three ground balls and a caused turnover in the two victories.

Offensive: Hannah Nielsen, Northwestern

Sr., Adelaide, Australia (Brighton Secondary)

Nielsen became the all-time leader in career assists in collegiate lacrosse history with her first assist in the 13-7 win over Duke. Through this weekend's games, the reigning Tewaaraton Trophy honoree has 183 career assists. In the two wins over the weekend, Nielsen notched five goals, five assists, and four draw controls. This is her fourth consecutive ALC weekly honor.

Rookie: Ally Carey, Vanderbilt

Fr., Bel Air, Md. (John Carroll)

Carey had six draw controls and six goals in a pair of wins for the Commodores, including a victory over ALC rival Johns Hopkins. The rookie added four ground balls, three assists, and a pair of caused turnovers as Vanderbilt posted a pair of ten-goal victories during the week.

JOHNS HOPKINS 4-8, 0-2 ALC

F21	George Mason	W, 15-10
F25	Georgetown (7)	L, 6-11
F28	at Princeton (8)	L, 9-13
M4	Cincinnati	W, 18-9
M7	at Ohio State (RV)	L, 12-22
M15	at Oregon	L, 10-12
M19	George Washington	W, 13-12 ot
M24	UMBC	W, 8-6
M27	Stanford (14)	L, 7-10
M29	at Towson	L, 7-16
A1	Penn (3)	L, 3-11
A4	at Vanderbilt (11)	L, 8-18
A9	Fresno State	4:00
A14	at Maryland	4:00
A17	Northwestern	7:00
A25	Penn State	1:00

NORTHWESTERN 12-0, 1-0 ALC

J23	vs. Denver (19)	W, 24-6
F17	at Duquesne	W, 20-6
F20	at Notre Dame (11)	W, 21-5
F27	at Vanderbilt (11)	W, 22-10
M2	at North Carolina (9)	W, 12-7
M7	at Georgetown (7)	W, 15-4
M12	Hofstra	W, 20-6
M14	Rutgers (RV)	W, 24-1
M22	Syracuse (8)	W, 19-8
M25	at Massachusetts	W, 22-5
A3	Duke (5)	W, 13-7
A4	California	W, 21-4
A12	Penn State	12:00
A17	at Johns Hopkins	7:00
A19	at Virginia	12:00
A22	Ohio State	5:00
A25	Penn	7:00

PENN STATE 5-6, 0-1 ALC

F18	Lafayette	W, 20-7
F25	Bucknell	W, 18-5
M1	Colgate	W, 16-6
M4	Mount St. Mary's	W, 13-3
M8	at Virginia (2)	L, 11-12 OT
M14	at Princeton (7)	L, 7-9
M18	Penn (3)	L, 6-9
M22	Vanderbilt (11)	L, 9-12
M28	at William & Mary	W, 14-12
A3	Maryland (2)	L, 12-20
A5	at North Carolina (4)	L, 7-11
A8	Lehigh	3:00
A12	at Northwestern	12:00
A19	Ohio State	1:00
A25	at Johns Hopkins	1:00

OHIO STATE 9-3, 1-0 ALC

F13	at American	W, 17-7
F15	at George Washington	W, 14-9
F22	at Notre Dame (11)	L, 11-14
M1	St. Bonaventure	W, 16-9
M7	Johns Hopkins (14)	W, 22-12
M11	Cincinnati	W, 20-8
M14	at Louisville	W, 15-12
M22	at Duquesne	W, 20-11
M24	California	W, 18-5
M29	Canisius	W, 15-9
A3	North Carolina (4)	L, 8-10
A5	Maryland (2)	L, 16-17
A12	Vanderbilt	12:00
A14	at Detroit	4:00
A19	at Penn State	1:00
A22	at Northwestern	5:00

VANDERBILT 7-3, 2-1 ALC

F15	North Carolina (9)	L, 13-14 (OT)
F21	UMBC	W, 15-6
F27	Northwestern (1)	L, 10-22
M3	at Virginia Tech	cx.
M7	at Boston University (10)	W, 19-18
M11	at Duke (3)	L, 16-22
M15	at Cincinnati	W, 19-7
M22	at Penn State (17)	W, 12-7
M28	Binghamton	W, 22-7
M30	Delaware	W, 20-10
A4	Johns Hopkins	W, 18-8
A8	at New Hampshire	1:00
A12	at Ohio State	12:00
A15	Notre Dame	3:30
A21	at Cornell	4:00

2009 ALC TOURNAMENT

hosted by Penn State
Apr 30 - May 2

Apr 30
#4 vs #5, 3:00

May 1
#1 vs #4/#5, 3:00
#2 vs #3, 5:30

May 2
Championship, 2:00

ALC PLAYERS OF THE WEEKOffensiveDefensiveRookie

Feb 23	Hilary Bowen, Northwestern	Maggie Bremer, Northwestern	Colleen McCaffrey, Johns Hopkins
Mar 2	Danielle Spencer, Northwestern	Margo Josephs, Penn State	Alayna Markwordt, Ohio State
Mar 9	Alayna Markwordt, Ohio State	Kristen Gilwee, Ohio State	Alayna Markwordt, Ohio State
Mar 16	Hannah Nielsen, Northwestern	Meredith Frank, Northwestern	Alayna Markwordt, Ohio State
Mar 23	Hannah Nielsen, Northwestern	Maggie Bremer, Northwestern	Natalie Wills, Vanderbilt
Mar 30	Hannah Nielsen, Northwestern	Stephanie Ellis, Penn State	Shannon Smith, Northwestern
Apr 6	Hannah Nielsen, Northwestern	Natalie Wills, Vanderbilt	Ally Carey, Vanderbilt
Apr 13			
Apr 20			
Apr 27			
May 4			

TEAM STATISTICS

TEAM DEFENSE	GP	Min	GA	GAPG	TEAM OFFENSE	GP	Min	GL	GPG
Northwestern	12	720	69	5.75	Northwestern	12	720	233	19.42
Penn State	11	666	106	9.64	Ohio State	12	720	192	16.00
Ohio State	12	720	123	10.25	Vanderbilt	10	606	164	16.40
Vanderbilt	10	606	121	12.10	Penn State	11	666	131	11.91
Johns Hopkins	12	726	150	12.50	Johns Hopkins	12	726	116	9.67

GROUND BALLS	GB	GBPG	CAUSED TOS	CT	CTPG	DRAW CONTROLS	DC	DCPG
Penn State	237	21.55	Vanderbilt	110	11.00	Northwestern	211	17.58
Vanderbilt	188	18.80	Penn State	103	9.36	Vanderbilt	161	16.10
Northwestern	220	18.33	Northwestern	100	8.33	Penn State	143	13.00
Johns Hopkins	216	18.00	Johns Hopkins	92	7.67	Ohio State	151	12.58
Ohio State	195	16.25	Ohio State	83	6.92	Johns Hopkins	132	11.00

INDIVIDUAL STATISTICS

GOALS AGAINST	AVG.	MIN	GA	GAA	SAVE PERCENTAGE	SV	G	SV%
Morgan Lathrop, NU		595:32	50	5.04	Morgan Lathrop, NU	67	50	57.3%
Natalie Wills, VAN		395:37	67	10.16	Natalie Wills, VAN	69	67	50.7%
Stephanie Ellis, PSU		576:38	98	10.20	Kristen Gilwee, OSU	109	108	50.2%
Kristen Gilwee, OSU		632:30	108	10.25	Stephanie Ellis, PSU	89	98	47.6%
Lizzie O'Ferrall, JHU		400:52	86	12.87	Lizzie O'Ferrall, JHU	48	86	35.8%

goalkeepers must play 60% of the team minutes to rank nationally

SCORING	GP	GL	AS	PT	PPG	DRAW CONTROLS	GP	DC	DCPG
Hannah Nielsen, NU	12	40	42	82	6.83	Ally Carey, VAN	9	27	3.00
Kelly Haggerty, OSU	12	44	29	73	6.08	Hannah Nielsen, NU	12	34	2.83
Sarah Downing, VAN	10	31	19	50	5.00	Hilary Bowen, NU	12	30	2.50
Hilary Bowen, NU	12	48	11	59	4.92	Alexandra Frank, NU	12	30	2.50
Alayna Markwordt, OSU	12	37	20	57	4.75	Erica Mihm, PSU	11	25	2.27
Danielle Spencer, NU	12	38	12	50	4.17	Candace Rossi, JHU	12	26	2.17
Ally Carey, VAN	9	21	14	35	3.89	Kerry Shea, PSU	11	23	2.09
Katherine Denkler, VAN	10	24	10	34	3.40	Maggie Dunbar, PSU	11	23	2.09
Maghan Beaudrault, OSU	12	26	9	35	2.92	Danielle Spencer, NU	12	23	1.92
Marisa Lozano, PSU	11	16	12	28	2.55	Cara Giordano, VAN	10	19	1.90

GOALS	GP	G	GPG	GROUND BALLS	GP	GB	GBPG
Hilary Bowen, NU	12	48	4.00	Alex Mundy, VAN	10	29	2.90
Kelly Haggerty, OSU	12	44	3.67	Natalie Wills, VAN	9	20	2.22
Hannah Nielsen, NU	12	40	3.33	Stephanie Ellis, PSU	11	23	2.09
Danielle Spencer, NU	12	38	3.17	Margo Josephs, PSU	11	23	2.09
Sarah Downing, VAN	10	31	3.10	Kristen Gilwee, OSU	11	23	2.09
Alayna Markwordt, OSU	12	37	3.08	Ally Carey, VAN	9	18	2.00
Carter Foote, VAN	10	26	2.60	Gabby Capuzzi, OSU	12	24	2.00
Katherine Denkler, VAN	10	24	2.40	Maggie Dunbar, PSU	11	21	1.91
Maghan Beaudrault, OSU	12	26	2.17	Jackie Eastman, PSU	11	21	1.91
Katrina Dowd, NU	12	26	2.17	Kerry Shea, PSU	11	20	1.82

ASSISTS	GP	A	APG	CAUSED TURNOVERS	GP	CT	CTPG
Hannah Nielsen, NU	12	42	3.50	Margo Josephs, PSU	11	23	2.09
Kelly Haggerty, OSU	12	29	2.42	Angela Hughes, JHU	12	19	1.58
Sarah Downing, VAN	10	19	1.90	Claire Leonard, VAN	10	14	1.40
Alayna Markwordt, OSU	12	20	1.67	Alex Mundy, VAN	10	14	1.40
Ally Carey, VAN	9	14	1.56	Ally Carey, VAN	9	12	1.33
Allie Frank, VAN	10	15	1.50	Cara Giordano, VAN	10	13	1.30
Marisa Lozano, PSU	11	1	1.09	Hilary Bowen, NU	12	14	1.17
Danielle Spencer, NU	12	12	1.00	Alexandra Frank, NU	12	14	1.17
Giordano & Denkler, VAN	10	10	1.00	Kerry Shea, PSU	11	12	1.09
Jackie Eastman, PSU	9	9	1.00	Sarah Downing, VAN	10	10	1.00

(number in parentheses is national rank)

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Honors and Awards

ALC Preseason All-Conference Team

Maghan Beaudrault, Ohio State
Hilary Bowen, Northwestern
Theresa Bucci, Penn State
Cara Giordano, Vanderbilt
Morgan Lathrop, Northwestern
Carter Foote, Vanderbilt
Meredith Frank, Northwestern
Angela Hughes, Johns Hopkins
Hannah Nielsen, Northwestern
Sam Schrum, Johns Hopkins
Kerry Shea, Penn State
Danielle Spencer, Northwestern

Tewaaraton Trophy Watch List

Hilary Bowen, Northwestern*
Katrina Dowd, Northwestern*
Sarah Downing, Vanderbilt
Meredith Frank, Northwestern*
Kelly Haggerty, Ohio State
Alex Mundy, Vanderbilt
Hannah Nielsen, Northwestern*

**preseason selection*

womenslax.com Honors

Pre-Season All Americans

Hilary Bowen, Northwestern
Morgan Lathrop, Northwestern
Hannah Nielsen, Northwestern

Hannah Nielsen, Northwestern

National Player of the Week - Feb 23

Alayna Markwordt, Ohio State

National Rookie of the Week - Mar 9

Shannon Smith, Northwestern

National Rookie of the Week - Mar 16

Natalie Wills, Vanderbilt

National Rookie of the Week - Mar 23

womenslacrosse.com Honors

Mar 2

National Honor Roll

Margo Josephs, Penn State
Danielle Spencer, Northwestern

Mar 9

National Rookie of the Week

Alayna Markwordt, Ohio State

National Honor Roll

Sarah Downing, Vanderbilt
Morgan Lathrop, Northwestern

Mar 17

National Honor Roll

Meredith Frank, Northwestern
Hannah Nielsen, Northwestern

Mar 23

National Rookie of the Week

Natalie Wills, Vanderbilt

National Honor Roll

Hannah Nielsen, Northwestern

Mar 30

National Honor Roll

Hannah Nielsen, Northwestern

Apr 7

National Honor Roll

Sarah Downing, Vanderbilt
Hannah Nielsen, Northwestern

National Polls

IWLCA Composite Poll

	PS	F17	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1	1	1	1	1	1
Maryland	6	6	5	3	2	2	2t	2	3				
Penn	5	5	6	6	5	3	2t	3	2				
North Carolina	9	9	9	9	9	6	4	4	4				
Duke	3	2	2	4	3	7	5	5	5				
Georgetown	8	8	7	7	8	4	6	6	6				
Princeton	7	7	8	8	7	9	7	7	7				
Notre Dame	11	11	12	11	11	10	9	10	8				
Syracuse	2	3	3	5	6	8	8	8	9				
Vanderbilt	12	12	11	12	10	11	11	11	10				
Virginia	4	4	4	2	4	5	10	9	11				
Boston University	10	10	10	10	12	12	12	12	12				
Dartmouth	13	13	15	13	18	19	16t	15	13				
Stanford	18	17	16	18	16t	15	14	13	14				
Ohio State	RV	--	RV	--	19	18	16t	17	15				
Loyola	--	--	--	--	20	20	13	16	16				
Penn State	RV	RV	--	RV	15	17	15	14	17				
New Hampshire	14	14	14	15	13	13	20	18	18				
Hofstra	--	--	--	--	--	--	--	--	19				
Cornell	16	16	17	16	14	14	19	19	20t				
James Madison	16	19	19	17	16t	16	18	20	20t				
Towson	19	18	18	19	RV	RV	RV	RV	--				
William & Mary	RV	RV	RV	20	RV	RV	RV	RV	--				
Denver	19	20	20	RV	RV	RV	RV	--	--				
Johns Hopkins	15	15	13	14	--	--	--	--	--				

nike insidelacrosse.com Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1	1	1	1	1
Maryland	7	6t	3	2	2	2	2	2				
Penn	6	5	4t	3	3	3	3	3				
North Carolina	8	8	9	11	8	5	5t	4				
Princeton	5	6t	6	7	9	6	5t	5				
Duke	3	3	4t	4	5t	4	4	6				
Georgetown	9	9	8	8	5t	8	8	7				
Syracuse	2	2	7	6	4	7	7	8t				
Notre Dame	10t	12	11	9	10	10	10	8t				
Virginia	4	4	2	5	7	9	9	10				
Vanderbilt	12	10	13	10	12	11	11	11				
Boston University	10t	11	10	RV	14	12	12	12				
Dartmouth	17t	17	12	14	15	16t	15	13				
Loyola	--	--	--	18t	20	13	13	14				
Stanford	20	16	18	17	17	15	16	15				
Ohio State	--	RV	RV	20	18	16t	14	16				
Penn State	--	--	RV	16	19	18	18	17				
Hofstra	--	RV	20	RV	--	--	RV	18				
New Hampshire	13	13	15	13	13	20	19	19				
Cornell	15	15	14	12	11	14	17	20				
Denver	16	RV	RV	RV	--	RV	20	RV				
James Madison	19	20	17	15	16	19	RV	RV				
Towson	14	14	16	18t	RV	RV	RV	--				
Johns Hopkins	RV	18	19	--	--	--	--	--				
Yale	RV	19	RV	--	--	--	--	--				
George Mason	17t	RV	RV	--	--	--	--	--				

National Polls

womenslacrosse.com Composite Poll

	PS	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1				
Penn	10	10	7	4	3	3	2				
Maryland	9	5	2	2	2	2	3				
North Carolina	8	9	9	7	4	4	4				
Duke	3	7	3	5	5	5	5				
Princeton	5	4	5	6	6	6	6				
Georgetown	4	3	6	3	7	7	7				
Syracuse	2	6	8	9	9	9	8				
Vanderbilt	12	11	10	11	10	10	9				
Boston University	6	8	11	12	11	11	10				
Notre Dame	11	12	12	13	12	12	11				
Virginia	7	2	4	8	8	8	12				
Penn State	--	--	15	10	13	13	13				
Ohio State	--	--	19	--	18	17	14				
Stanford	19	18	17	16	15	14	15				
Loyola	--	--	--	--	16	18	16				
Dartmouth	15	13	13	18	--	--	17				
Cornell	--	--	20	17	19	19	18				
William & Mary	17	17	18	19	17	16	19				
Hofstra	--	--	--	--	--	--	20				
Denver	14	15	16	15	14	15	--				
James Madison	--	--	--	20	20	20	--				
New Hampshire	13	14	14	14	--	--	--				
Johns Hopkins	18	16	--	--	--	--	--				
Towson	16	20	--	--	--	--	--				
George Mason	20	--	--	--	--	--	--				

LaxPower.com Forum Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1				
Maryland	9	8	3	2	2	2	2	2				
Penn	6	6	6	4	3	3	3	3				
North Carolina	8	9	9	9	6	4	4	4				
Duke	2	3	5	6	8	6	5	5				
Princeton	5	5	7	7	9	5	6	6				
Georgetown	7	7	8	8	7	9	8	7				
Syracuse	3	2	4	5	4	7	7	8				
Vanderbilt	12	11	11	10	11	11	10	9				
Notre Dame	11	12	13	11	10	10	11	10				
Virginia	4	4	2	3	5	8	9	11				
Boston University	10	10	10	12	12	12	12	12				
Dartmouth	15	14t	12	15	18	15t	14	13				
Ohio State	--	RV	RV	RV	RV	17t	17	14				
Stanford	--	20	20	17	17	15t	15	15				
Penn State	--	--	RV	18	15	14	13	16				
Loyola	--	--	--	--	20	13	16	17				
New Hampshire	13	13	14	13	14	20	19	18				
Hofstra	RV	RV	RV	RV	RV	RV	RV	19				
Cornell	16t	17	16	14	13	RV	RV	20				
Towson	14	14t	15	19	19	17t	18	RV				
James Madison	19	19	18	16	16	19	20	RV				
Denver	16t	18	19	20	RV	RV	RV	--				
George Mason	20	--	--	--	--	RV	RV	RV				
Johns Hopkins	18	16	17	RV	--	--	--	--				