



American Lacrosse Conference

Eighth Season - 2009

www.americanlacrosseconference.org

Florida - Johns Hopkins - Northwestern - Penn State - South Carolina - Ohio State - Vanderbilt

Week 8

14 Apr 2009

**Northwestern, Vanderbilt rank 1-2 nationally in draw controls
Nielsen, Haggerty rank 1-2 in scoring offense; Lathrop ranks second in GAA and save %**

ALC Games

All Games

	W	L	Pct.	GF	GA	Hm	Rd	Ne	W	L	Pct	GF	GA	Hm	Rd	Neu	Streak
Northwestern	2	0	1.000	39	16	1-0	1-0	0-0	13	0	1.000	250	75	6-0	6-0	1-0	Won 17
Ohio State	2	0	1.000	37	25	2-0	0-0	0-0	10	3	.769	207	136	6-2	4-1	0-0	Won 1
Vanderbilt	2	2	.500	53	52	1-1	1-1	0-0	8	4	.667	188	143	4-2	3-1	0-0	Lost 1
Penn State	0	2	.000	13	29	0-1	0-1	0-0	6	7	.462	151	143	5-2	1-3	0-2	Lost 2
Johns Hopkins	0	2	.000	20	40	0-0	0-2	0-0	5	8	.385	135	150	5-3	0-5	0-0	Lost 4

ALC Head Coaches

FLORIDAMandee O'Leary
 JOHNS HOPKINSJanine Tucker
 NORTHWESTERN .Kelly Amonte-Hiller
 OHIO STATESue Stimmel
 PENN STATESuzanne Isidor
 VANDERBILTCathy Swezey

ALC SID Contacts

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ALC Staff

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SPORTS INFORMATION

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ALC vs Non-Conference

36-16, 69.2%

CONFERENCE2009

America East5-0
 ACC2-7
 Atlantic 106-0
 BIG EAST8-2
 Colonial Athletic4-1
 Ivy0-4
 MAAC1-0
 Mountain Pacific4-2
 Northeast1-0
 Patriot League5-0
 Independents0-0
 vs Non-ALC IWLCA Ranked Opp. .9-14
 Home22-7
 Road13-7
 Neutral1-2

Last Week in the ALC

A8 Vanderbilt at New Hampshire Vandy 11-7
 A8 Penn State vs. Lehigh PSU 14-10
 A9 Johns Hopkins vs. Fresno State JHU 19-0
A12 Penn State at Northwestern NU 17-6
A12 Vanderbilt at Ohio State OSU 15-13

This Week in the ALC

A14 Ohio State at Detroit 4:00
 A14 Johns Hopkins at Maryland 4:00
 A15 Vanderbilt vs. Notre Dame 3:30
A17 Northwestern at Johns Hopkins 7:00
A19 Ohio State at Penn State 1:00
 A19 Northwestern at Virginia 12:00

ALC Players of the Week

Defensive: Kristen Gilwee, Ohio State

Sr., Hunt Valley, Md. (Dulaney)

Senior goalkeeper Kristen Gilwee made 12 saves, including one in the final minute as the Buckeyes clung to a 14-13 lead, as Ohio State upset conference rival Vanderbilt in Columbus.

Offensive: Rachel Hawes, Ohio State

Sr., Eldersburg, Md. (Century)

Hawes notched a career-high five goals in the upset of Vanderbilt, including three in a 5-1 run after Vanderbilt had tied the score at 9-9 midway through the second half. She finished the game with five goals, two caused turnovers, two ground balls, and a draw control.

Rookie: Shannon Smith, Northwestern

Fr., West Babylon, N.Y. (West Babylon)

Smith's goal of the game against ALC-rival Penn State tied the game after the visitors had taken a three-goal lead; the rookie added two ground balls and had two draw controls as Northwestern went on to a 17-6 victory over the Nittany Lions.

JOHNS HOPKINS 5-8, 0-2 ALC

F21	George Mason	W, 15-10
F25	Georgetown (7)	L, 6-11
F28	at Princeton (8)	L, 9-13
M4	Cincinnati	W, 18-9
M7	at Ohio State (RV)	L, 12-22
M15	at Oregon	L, 10-12
M19	George Washington	W, 13-12 ot
M24	UMBC	W, 8-6
M27	Stanford (14)	L, 7-10
M29	at Towson	L, 7-16
A1	Penn (3)	L, 3-11
A4	at Vanderbilt (11)	L, 8-18
A9	Fresno State	W, 19-0
A14	at Maryland (2)	4:00
A17	Northwestern (1)	7:00
A25	Penn State	1:00

NORTHWESTERN 13-0, 2-0 ALC

J23	vs. Denver (19)	W, 24-6
F17	at Duquesne	W, 20-6
F20	at Notre Dame (11)	W, 21-5
F27	at Vanderbilt (11)	W, 22-10
M2	at North Carolina (9)	W, 12-7
M7	at Georgetown (7)	W, 15-4
M12	Hofstra	W, 20-6
M14	Rutgers (RV)	W, 24-1
M22	Syracuse (8)	W, 19-8
M25	at Massachusetts	W, 22-5
A3	Duke (5)	W, 13-7
A4	California	W, 21-4
A12	Penn State	W, 17-6
A17	at Johns Hopkins	7:00
A19	at Virginia (10)	12:00
A22	Ohio State	5:00
A25	Penn	7:00

PENN STATE 6-7, 0-2 ALC

F18	Lafayette	W, 20-7
F25	Bucknell	W, 18-5
M1	Colgate	W, 16-6
M4	Mount St. Mary's	W, 13-3
M8	at Virginia (2)	L, 11-12 OT
M14	at Princeton (7)	L, 7-9
M18	Penn (3)	L, 6-9
M22	Vanderbilt (11)	L, 9-12
M28	at William & Mary	W, 14-12
A3	Maryland (2)	L, 12-20
A5	at North Carolina (4)	L, 7-11
A8	Lehigh	W, 14-10
A12	at Northwestern (1)	L, 6-17
A19	Ohio State (13)	1:00
A25	at Johns Hopkins	1:00

OHIO STATE 10-3, 2-0 ALC

F13	at American	W, 17-7
F15	at George Washington	W, 14-9
F22	at Notre Dame (11)	L, 11-14
M1	St. Bonaventure	W, 16-9
M7	Johns Hopkins (14)	W, 22-12
M11	Cincinnati	W, 20-8
M14	at Louisville	W, 15-12
M22	at Duquesne	W, 20-11
M24	California	W, 18-5
M29	Canisius	W, 15-9
A3	North Carolina (4)	L, 8-10
A5	Maryland (2)	L, 16-17
A12	Vanderbilt	W, 15-13
A14	at Detroit	4:00
A19	at Penn State (17)	1:00
A22	at Northwestern	5:00

VANDERBILT 8-4, 2-2 ALC

F15	North Carolina (9)	L, 13-14 (OT)
F21	UMBC	W, 15-6
F27	Northwestern (1)	L, 10-22
M3	at Virginia Tech	cxd.
M7	at Boston University (10)	W, 19-18
M11	at Duke (3)	L, 16-22
M15	at Cincinnati	W, 19-7
M22	at Penn State (17)	W, 12-7
M28	Binghamton	W, 22-7
M30	Delaware	W, 20-10
A4	Johns Hopkins	W, 18-8
A8	at New Hampshire	W, 11-7
A12	at Ohio State	L, 13-15
A15	Notre Dame (9)	3:30
A21	at Cornell	4:00

2009 ALC TOURNAMENT

hosted by Penn State
Apr 30 - May 2

Apr 30
#4 vs #5, 3:00

May 1
#1 vs #4/#5, 3:00
#2 vs #3, 5:30

May 2
Championship, 2:00

ALC PLAYERS OF THE WEEKOffensive

Feb 23	Hilary Bowen, Northwestern
Mar 2	Danielle Spencer, Northwestern
Mar 9	Alayna Markwordt, Ohio State
Mar 16	Hannah Nielsen, Northwestern
Mar 23	Hannah Nielsen, Northwestern
Mar 30	Hannah Nielsen, Northwestern
Apr 6	Hannah Nielsen, Northwestern
Apr 13	Rachel Hawes, Ohio State
Apr 20	
Apr 27	
May 4	

Defensive

Maggie Bremer, Northwestern
Margo Josephs, Penn State
Kristen Gilwee, Ohio State
Meredith Frank, Northwestern
Maggie Bremer, Northwestern
Stephanie Ellis, Penn State
Natalie Wills, Vanderbilt
Kristen Gilwee, Ohio State

Rookie

Colleen McCaffrey, Johns Hopkins
Alayna Markwordt, Ohio State
Alayna Markwordt, Ohio State
Alayna Markwordt, Ohio State
Natalie Wills, Vanderbilt
Shannon Smith, Northwestern
Ally Carey, Vanderbilt
Shannon Smith, Northwestern

TEAM STATISTICS

TEAM DEFENSE					TEAM OFFENSE				
GP	Min	GA	GAPG		GP	Min	GL	GPG	
Northwestern	13	780	75	5.77 (2)	Northwestern	13	780	250	19.23 (1)
Penn State	13	786	133	10.23 (32)	Ohio State	13	780	207	15.92 (2)
Ohio State	13	780	136	10.46 (34)	Vanderbilt	12	726	188	15.67 (5)
Johns Hopkins	13	786	150	11.54	Penn State	13	786	151	11.62 (39)
Vanderbilt	12	726	143	11.92	Johns Hopkins	13	786	135	10.39

GROUND BALLS			CAUSED TOS		CT CTPG		DRAW CONTROLS		
GB	GBPG				CT	CTPG	DC	DCPG	
Penn State	273	21.00 (12)	Vanderbilt		119	9.92 (29)	Northwestern	225	17.31 (1)
Vanderbilt	224	18.67 (34)	Penn State		118	9.08 (41)	Vanderbilt	191	15.92 (2)
Northwestern	239	18.39 (39)	Northwestern		108	8.31 (50)	Penn State	170	13.08 (29)
Johns Hopkins	230	17.69	Johns Hopkins		101	7.77	Ohio State	162	12.46 (42)
Ohio State	208	16.00	Ohio State		90	6.92	Johns Hopkins	149	11.46

INDIVIDUAL STATISTICS

GOALS AGAINST				SAVE PERCENTAGE			
AVG.	MIN	GA	GAA	SV	G	SV%	
Morgan Lathrop, NU	655:32	56	5.13 (2)	Morgan Lathrop, NU	75	56	57.3% (2)
Natalie Wills, VAN	515:37	89	10.36 (29)	Natalie Wills, VAN	92	89	50.8% (9)
Kristen Gilwee, OSU	692:30	121	10.48 (33)	Kristen Gilwee, OSU	121	121	50.0% (11)
Stephanie Ellis, PSU	696:38	125	10.77	Stephanie Ellis, PSU	103	125	45.2% (42)
Lizzie O'Ferrall, JHU	389:23	84	12.94	Lizzie O'Ferrall, JHU	47	84	35.9%

goalkeepers must play 60% of the team minutes to rank nationally

SCORING						DRAW CONTROLS			
GP	GL	AS	PT	PPG		GP	DC	DCPG	
Hannah Nielsen, NU	13	43	46	89	6.85 (1)	Ally Carey, VAN	12	33	3.00 (25)
Kelly Haggerty, OSU	13	47	31	78	6.00 (2)	Hannah Nielsen, NU	13	35	2.69 (37)
Hilary Bowen, NU	12	48	11	59	4.92 (6)	Erica Mihm, PSU	13	34	2.62 (38)
Sarah Downing, VAN	12	37	20	57	4.75 (7)	Hilary Bowen, NU	12	30	2.50
Alayna Markwordt, OSU	13	39	21	60	4.62 (11)	Alexandra Frank, NU	13	32	2.46
Danielle Spencer, NU	13	42	14	56	4.31 (18)	Candace Rossi, JHU	13	29	2.23
Ally Carey, VAN	11	24	16	40	3.64	Cara Giordano, VAN	12	24	2.00
Katherine Denkler, VAN	13	29	10	39	3.25	Kerry Shea, PSU	13	24	1.85
Maghan Beaudrault, OSU	13	28	10	38	2.92	Maggie Dunbar, PSU	13	24	1.85
Marisa Lozano, PSU	13	17	14	31	2.38	Danielle Spencer, NU	13	25	1.92

GOALS				GROUND BALLS			
GP	G	GPG		GP	GB	GBPG	
Hilary Bowen, NU	12	48	4.00 (2)	Alex Mundy, VAN	12	30	2.50
Kelly Haggerty, OSU	13	47	3.62 (7)	Natalie Wills, VAN	11	25	2.27
Hannah Nielsen, NU	13	43	3.31 (14)	Maggie Dunbar, PSU	13	27	2.08
Danielle Spencer, NU	13	42	3.23 (18)	Stephanie Ellis, PSU	13	26	2.00
Sarah Downing, VAN	12	37	3.08 (29)	Margo Josephs, PSU	13	26	2.00
Alayna Markwordt, OSU	13	39	3.00 (33)	Kristen Gilwee, OSU	12	24	2.00
Katherine Denkler, VAN	13	29	2.42 (47)	Gabby Capuzzi, OSU	13	25	1.92
Carter Foote, VAN	12	28	2.33	Aly Carey, VAN	11	21	1.91
Katrina Dowd, NU	13	30	2.31	Kerry Shea, PSU	13	24	1.85
Maghan Beaudrault, OSU	13	28	2.15	Jackie Eastman, PSU	13	23	1.77

ASSISTS				CAUSED TURNOVERS			
GP	A	APG		GP	CT	CTPG	
Hannah Nielsen, NU	13	46	3.54 (1)	Margo Josephs, PSU	13	26	2.00 (14)
Kelly Haggerty, OSU	12	31	2.38 (7)	Angela Hughes, JHU	13	19	1.46
Sarah Downing, VAN	12	20	1.67 (26)	Claire Leonard, VAN	12	15	1.25
Alayna Markwordt, OSU	13	21	1.62 (28)	Alex Mundy, VAN	12	15	1.25
Ally Carey, VAN	11	16	1.45 (38)	Ally Carey, VAN	11	13	1.18
Allie Frank, VAN	12	17	1.42 (41)	Cara Giordano, VAN	12	13	1.08
Marisa Lozano, PSU	13	14	1.08	Hilary Bowen, NU	12	14	1.17
Danielle Spencer, NU	13	14	1.08	Alexandra Frank, NU	12	14	1.17
Cara Giordano, VAN	12	10	0.83	Kerry Shea, PSU	13	17	1.31
Katherine Denkler, VAN	12	10	0.83	Sarah Downing, VAN	12	57	4.75

(number in parentheses is national rank)

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Honors and Awards

ALC Preseason All-Conference Team

Maghan Beaudrault, Ohio State
Hilary Bowen, Northwestern
Theresa Bucci, Penn State
Cara Giordano, Vanderbilt
Morgan Lathrop, Northwestern
Carter Foote, Vanderbilt
Meredith Frank, Northwestern
Angela Hughes, Johns Hopkins
Hannah Nielsen, Northwestern
Sam Schrum, Johns Hopkins
Kerry Shea, Penn State
Danielle Spencer, Northwestern

Tewaaraton Trophy Watch List

Hilary Bowen, Northwestern*
Katrina Dowd, Northwestern*
Sarah Downing, Vanderbilt
Meredith Frank, Northwestern*
Kelly Haggerty, Ohio State
Alex Mundy, Vanderbilt
Hannah Nielsen, Northwestern*

*preseason selection

womenslax.com Honors

Pre-Season All Americans

Hilary Bowen, Northwestern
Morgan Lathrop, Northwestern
Hannah Nielsen, Northwestern

Hannah Nielsen, Northwestern

National Player of the Week - Feb 23

Alayna Markwordt, Ohio State

National Rookie of the Week - Mar 9

Shannon Smith, Northwestern

National Rookie of the Week - Mar 16

Natalie Wills, Vanderbilt

National Rookie of the Week - Mar 23

Rachel Hawes, Ohio State

National Player of the Week - Apr 13

womenslacrosse.com Honors

Mar 2

National Honor Roll

Margo Josephs, Penn State
Danielle Spencer, Northwestern

Mar 9

National Rookie of the Week

Alayna Markwordt, Ohio State

National Honor Roll

Sarah Downing, Vanderbilt
Morgan Lathrop, Northwestern

Mar 17

National Honor Roll

Meredith Frank, Northwestern
Hannah Nielsen, Northwestern

Mar 23

National Rookie of the Week

Natalie Wills, Vanderbilt

National Honor Roll

Hannah Nielsen, Northwestern

Mar 30

National Honor Roll

Hannah Nielsen, Northwestern

Apr 7

National Honor Roll

Sarah Downing, Vanderbilt
Hannah Nielsen, Northwestern

Apr 13

National Honor Roll

Rachel Hawes, Ohio State

National Polls

IWLCA Composite Poll

	PS	F17	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1	1	1			
Maryland	6	6	5	3	2	2	2t	2	3	2			
Penn	5	5	6	6	5	3	2t	3	2	3			
North Carolina	9	9	9	9	9	6	4	4	4	4			
Duke	3	2	2	4	3	7	5	5	5	5			
Georgetown	8	8	7	7	8	4	6	6	6	6			
Princeton	7	7	8	8	7	9	7	7	7	7			
Syracuse	2	3	3	5	6	8	8	8	9	8			
Notre Dame	11	11	12	11	11	10	9	10	8	9			
Virginia	4	4	4	2	4	5	10	9	11	10			
Boston University	10	10	10	10	12	12	12	12	12	11			
Vanderbilt	12	12	11	12	10	11	11	11	10	12			
Dartmouth	13	13	15	13	18	19	16t	15	13	14			
Stanford	18	17	16	18	16t	15	14	13	14	15			
Ohio State	RV	--	RV	--	19	18	16t	17	15	13			
Loyola	--	--	--	--	20	20	13	16	16	16			
Penn State	RV	RV	--	RV	15	17	15	14	17	17			
Cornell	16	16	17	16	14	14	19	19	20t	18			
New Hampshire	14	14	14	15	13	13	20	18	18	19			
Hofstra	--	--	--	--	--	--	--	--	19	20			
James Madison	16	19	19	17	16t	16	18	20	20t	--			
Towson	19	18	18	19	RV	RV	RV	RV	--	--			
William & Mary	RV	RV	RV	20	RV	RV	RV	RV	--	RV			
Denver	19	20	20	RV	RV	RV	RV	--	--	--			
Johns Hopkins	15	15	13	14	--	--	--	--	--	--			

nike insidelacrosse.com Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1	1			
Maryland	7	6t	3	2	2	2	2	2	2			
Penn	6	5	4t	3	3	3	3	3	3			
Princeton	5	6t	6	7	9	6	5t	5	4			
Duke	3	3	4t	4	5t	4	4	6	5			
North Carolina	8	8	9	11	8	5	5t	4	6			
Georgetown	9	9	8	8	5t	8	8	7	7			
Syracuse	2	2	7	6	4	7	7	8t	8			
Notre Dame	10t	12	11	9	10	10	10	8t	9			
Virginia	4	4	2	5	7	9	9	10	10t			
Boston University	10t	11	10	RV	14	12	12	12	10t			
Vanderbilt	12	10	13	10	12	11	11	11	12			
Ohio State	--	RV	RV	20	18	16t	14	16	13			
Loyola	--	--	--	18t	20	13	13	14	14			
Dartmouth	17t	17	12	14	15	16t	15	13	15			
Stanford	20	16	18	17	17	15	16	15	16			
Cornell	15	15	14	12	11	14	17	20	17			
Oregon	--	--	--	--	--	--	--	--	18			
New Hampshire	13	13	15	13	13	20	19	19	19			
Hofstra	--	RV	20	RV	--	--	RV	18	20			
Penn State	--	--	RV	16	19	18	18	17	RV			
Towson	14	14	16	18t	RV	RV	RV	--	RV			
Denver	16	RV	RV	RV	--	RV	20	RV	--			
James Madison	19	20	17	15	16	19	RV	RV	--			
Johns Hopkins	RV	18	19	--	--	--	--	--	--			
Yale	RV	19	RV	--	--	--	--	--	--			
George Mason	17t	RV	RV	--	--	--	--	--	--			

National Polls

womenslacrosse.com Composite Poll

	PS	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1			
Maryland	9	5	2	2	2	2	3	2			
Penn	10	10	7	4	3	3	2	3			
North Carolina	8	9	9	7	4	4	4	4			
Duke	3	7	3	5	5	5	5	5			
Princeton	5	4	5	6	6	6	6	6			
Georgetown	4	3	6	3	7	7	7	7			
Syracuse	2	6	8	9	9	9	8	8			
Notre Dame	11	12	12	13	12	12	11	11			
Vanderbilt	12	11	10	11	10	10	9	10			
Ohio State	--	--	19	--	18	17	14	11			
Boston University	6	8	11	12	11	11	10	12			
Virginia	7	2	4	8	8	8	12	13			
Dartmouth	15	13	13	18	--	--	17	14			
Penn State	--	--	15	10	13	13	13	15			
Stanford	19	18	17	16	15	14	15	16			
Loyola	--	--	--	--	16	18	16	17			
Cornell	--	--	20	17	19	19	18	18			
Old Dominion	--	--	--	--	--	--	--	19			
William & Mary	17	17	18	19	17	16	19	20			
Hofstra	--	--	--	--	--	--	20	--			
Denver	14	15	16	15	14	15	--	--			
James Madison	--	--	--	20	20	20	--	--			
New Hampshire	13	14	14	14	--	--	--	--			
Johns Hopkins	18	16	--	--	--	--	--	--			
Towson	16	20	--	--	--	--	--	--			
George Mason	20	--	--	--	--	--	--	--			

LaxPower.com Forum Composite Poll

	PS	F23	M2	M9	M16	M23	M30	A6	A13	A20	A27	Fin
Northwestern	1	1	1	1	1	1	1	1	1			
Maryland	9	8	3	2	2	2	2	2	2			
Penn	6	6	6	4	3	3	3	3	3			
North Carolina	8	9	9	9	6	4	4	4	4			
Duke	2	3	5	6	8	6	5	5	5			
Princeton	5	5	7	7	9	5	6	6	6			
Georgetown	7	7	8	8	7	9	8	7	7			
Syracuse	3	2	4	5	4	7	7	8	8			
Notre Dame	11	12	13	11	10	10	11	10	9			
Virginia	4	4	2	3	5	8	9	11	10			
Ohio State	--	RV	RV	RV	RV	17t	17	14	11			
Boston University	10	10	10	12	12	12	12	12	12			
Vanderbilt	12	11	11	10	11	11	10	9	13			
Dartmouth	15	14t	12	15	18	15t	14	13	14			
Stanford	--	20	20	17	17	15t	15	15	15			
Loyola	--	--	--	--	20	13	16	17	16			
Penn State	--	--	RV	18	15	14	13	16	17			
New Hampshire	13	13	14	13	14	20	19	18	18			
Cornell	16t	17	16	14	13	RV	RV	20	19			
Old Dominion	--	--	--	--	--	--	--	--	20			
Hofstra	RV	RV	RV	RV	RV	RV	RV	19	RV			
Towson	14	14t	15	19	19	17t	18	RV				
James Madison	19	19	18	16	16	19	20	RV				
Denver	16t	18	19	20	RV	RV	RV	--				
George Mason	20	--	--	--	--	RV	RV	RV				
Johns Hopkins	18	16	17	RV	--	--	--	--				